

Symptom Relief for Upper Respiratory Infections

Patient: _____

Date: _____

Exam findings:

Upper respiratory infections are commonly caused by a virus.

Instructions:

Place your pet in a room with a humidifier or in the bathroom, with the shower on and the door closed so they can breathe in the steam. **DO NOT PUT YOUR PET DIRECTLY INTO THE SHOWER.**

Repeat _____ times per day for _____ minutes at a time until your pet's symptoms get better.

Stress reduction: *Some viral diseases in cats cause infection for life. Reducing stress can reduce the chance of a flare up. **Specific recommendations include:***

- Encourage appetite: warm your pet's food to make it more appetizing.

Additional feeding instructions:

- Other Instructions:

Specific Treatments:

Your pet does not need an antibiotic today. Infections caused by viruses do not improve with antibiotics.

- Non-antibiotic prescription(s):

- Over-the-counter medication(s):

Follow Up

- Symptoms are expected to last _____ days.
- If your pet develops the following symptoms call your veterinarian to discuss your pet's condition or to schedule a recheck.

- Next appointment: _____
- Your pet can spread this infection to others and should not attend group settings (ie boarding, cat shows) until _____.

Clinic Name and Phone Number:

Veterinary Provider:

