

Traveling Abroad this Spring or Summer?



Protect Yourself from Measles

Make sure you're fully vaccinated against measles **at least 2 weeks prior to travel.**

Infants **6-11 months old** who are traveling internationally **should receive 1 dose of MMR vaccine.**

Children **12 months+** should receive **2 doses of MMR** vaccine, separated by at least **28 days.**

- 📍 If you plan to travel internationally this spring or summer, talk to your healthcare provider at least 2 months before travel to make sure you and your child have all their recommended vaccinations.
- 📍 Measles cases in the US happen most frequently when an unvaccinated person travels abroad and becomes infected abroad before flying home.
- 📍 Once you return from travel, call your healthcare provider if anyone gets a fever and rash within 3 weeks of returning from your trip. Let them know where you traveled.
- 📍 Measles outbreaks are happening in the US too; check with your provider to see if you should receive any additional measles vaccine doses before you travel.
- 📍 Visit [Chicago.gov/measles](https://chicago.gov/measles) for more information