



February 2025 Newsletter

New Year, New PFL Training Topics

Our list of PFL topics is growing. Below is a list of some of our new trainings that have recently been added:

- Bacterial Infections
- Cauti Prevention
- Understanding Disinfectants

PFL has many resources, such as our on-site trainings or our micro-learns. To learn more, visit our site [here](#).

Not sure if it's the common cold, the flu, or COVID-19?

COVID-19 vs Flu vs Cold			
Signs & Symptoms	COVID-19	Flu	Common Cold
Fever	✓	✓	✗
Body Aches	✓	✓	✗
Headache	✓	✓	✗
Cough	✓	✓	✗
Fatigue	✓	✓	✗
Sore Throat	✓	✗	✓
Runny/Stuffy Nose	✓	✗	✓
Shortness of Breath	✓	✗	✗
Symptom Onset	2-14 days	1-4 days	Gradual

✓ Common
 ✗ Sometimes
 ✗ Rare

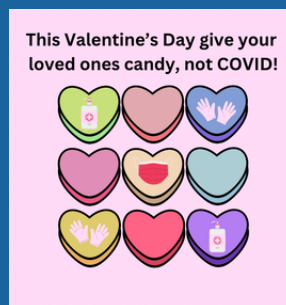
Not sure where to get vaccinations for RSV, flu or COVID-19? The Chicago Department of Public Health has many immunization clinics around the city that are available at no cost.

Take a look at the CDPH Vaccine Clinics Calendar [here](#).

Events in Healthcare

Black History Month

PFL celebrates all African American healthcare workers who are dedicated to protecting our health. We thank you and we appreciate you!



PFL-Chicago is available to answer your IPC questions, schedule onsite trainings (earn CEU credits), direct you to free CDC educational materials, and more!

Scan the QR code below to go to our [HAN page](#) to learn more. Contact us directly at projectfirstline@cityofchicago.org

