

# Signs of Sepsis



1

High heart rate

2

Extreme pain or discomfort

3

Confusion or disorientation

4

Clammy or sweaty skin

5

Shortness of breath

6

Fever, shivering, or  
feeling very cold



**ACT FAST if  
sepsis is  
suspected**

Alert the  
healthcare  
provider

Sepsis is a  
medical  
emergency. Time  
matters

Educate clients on  
signs & symptoms  
of sepsis

Check on  
suspected sepsis  
individuals  
frequently

