

Infection Control in Therapy

Germs can spread through contact with unclean hands, environmental surfaces and equipment used routinely during therapy sessions.

Staff and clients should clean their hands before and after therapies.

If clients are sick with respiratory illnesses, therapies should be postponed until client feels better.

Clean equipment such as walkers, crutches, and hand railings, after each use.

Disinfect reusable equipment using the EPA-registered products, following the label instructions and ensure the required contact time is met.



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- Dedicate lotions or massage creams to one individual.
- Do not double dip into bulk lotions or creams or multiple persons.
- Clean and disinfect all shared equipment prior to use with another client (e.g., wheelchairs, walkers).
- Dedicate gait belts to a single client. When client is finished, launder belt before use on another client.

