



**COVID-19 Question and Answer Session
for Long-Term Care and Congregate Residential Settings**

September 17th, 2021

Housekeeping

- All attendees in listen-only mode
- Submit questions via Q&A pod to **All Panelists**
- Slides and recording will be made available later

Agenda

- Upcoming Webinars
- Overview of CDC and CMS Guidance Updates
- New IDPH Guidance
- Determining Community Transmission Levels
- Testing Change
- New Admissions
- Open Q & A

IDPH webinars

Upcoming Friday Brief Updates and Open Q&A 1:00 pm - 2:00 pm

Friday, September 24th

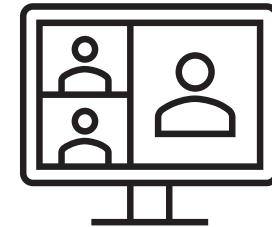
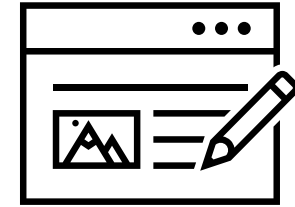
<https://illinois.webex.com/illinois/onstage/g.php?MTID=e6b101f68f65c80033fc3b3c609b8719e>

Previously recorded webinars can be viewed on the [IDPH Portal](#)

Slides and recordings will be made available after the sessions.

What to do Right Now?

- Develop interdisciplinary team and use your existing IDTs
- Review CDC and CMS guidance
- Work to see how new guidance will fit into current policies and procedures
- Start modification plan
- Start education/training/communication plan
- IDPH guidance is coming!



Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes

Summary of Recent Changes

Updates as of September 10, 2021

- Updated outbreak response guidance to promote use of contact tracing approach. Alternative broad-based approaches to outbreak response at a facility-wide or unit level are also described.
- Updated expanded screening testing recommendations for healthcare personnel (HCP).
- Updated recommendations for quarantine of fully vaccinated residents.
- Updated visitation guidance.

[Previous Updates](#)

The screenshot shows a web browser window with the URL <https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html>. The page header includes the CDC logo and the text "Centers for Disease Control and Prevention CDC 24/7: Saving Lives. Protecting People™". A search bar contains "Search COVID-19". The main navigation bar is teal and includes links for "Your Health", "Vaccines", "Cases & Data", "Work & School", "Healthcare Workers" (which is highlighted), "Health Depts", "Science", and "More". Below the navigation bar, there is a sidebar with a "Home" icon and a list of categories: "Testing", "Clinical Care", "Infection Control", "Exposure in Healthcare Settings", "Optimizing PPE Supplies", and "Managing Operations", each with a plus sign. The main content area features a teal banner with the text "To maximize protection from the [Delta variant](#) and prevent possibly spreading it to others, get vaccinated as soon as you can and wear a mask indoors in public if you are in [an area of substantial or high transmission](#)." Below this banner is the title "Interim Infection Prevention and Control Recommendations to Prevent SARS-CoV-2 Spread in Nursing Homes" and the subtitle "Nursing Homes & Long-Term Care Facilities". At the bottom of the page, it says "Updated Sept. 10, 2021" and "Print".

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html>

Recommendations for Healthcare Personnel

Summary of Recent Changes

Updates as of September 10, 2021

Updates as of September 10, 2021

- Updated source control recommendations to address limited situations for healthcare facilities in counties with low to moderate community transmission where select fully vaccinated individuals could choose not to wear source control. However, in general, the safest practice is for everyone in a healthcare setting to wear source control.
- Updated quarantine recommendations for fully vaccinated patients who have had close contact with someone with SARS-CoV-2 infection to more closely align with recommendations for the community.
- Clarified the recommended intervals for testing asymptomatic HCP with a [higher-risk exposure](#) and patients with [close contact](#) with someone with SARS-CoV-2 infection.
- Added content from previously posted CDC guidance addressing:
 - Recommendations for fully vaccinated HCP, patients, and visitors
 - SARS-CoV-2 testing
 - Duration of Transmission-Based Precautions for patients with SARS-CoV-2 infection
 - Specialized healthcare settings (e.g., dental, dialysis, EMS)

The screenshot shows a web browser window displaying the CDC website. The address bar shows the URL: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>. The CDC logo and name are visible at the top. A search bar contains the text "Search COVID-19". Below the search bar is a navigation menu with the following items: "Your Health", "Vaccines", "Cases & Data", "Work & School", "Healthcare Workers" (which is highlighted), "Health Depts", "Science", and "More". The main content area shows a sidebar with a "Home" icon and the text "Healthcare Workers". Below this are three expandable sections: "Testing" with a plus sign, "Clinical Care" with a plus sign, and "Infection Control" with a minus sign. The main heading reads "Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic". Below the heading, it says "Updated Sept. 10, 2021" and "Print".

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>

Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure

Summary of Recent Changes

Updates as of September 10, 2021

As of September 10, 2021

The interim guidance was updated to:

- Combine information from previously posted CDC guidance addressing when healthcare personnel (HCP) with SARS-CoV-2 infection could return to work and risk assessment and work restriction for HCP with higher-risk exposure to SARS-CoV-2
- Clarify the recommended intervals for testing asymptomatic HCP with a [higher-risk exposure](#).

The screenshot shows a web browser displaying the CDC website. The address bar shows the URL: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>. The CDC logo and tagline "CDC 24/7: Saving Lives. Protecting People™" are visible. A search bar contains "Search COVID-19". The main navigation menu includes "Your Health", "Vaccines", "Cases & Data", "Work & School", "Healthcare Workers", "Health Depts", "Science", and "More". The "Healthcare Workers" menu is expanded, showing "Testing", "Clinical Care", and "Infection Control". The main content area displays the title "Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2" and a sub-header "Updated Sept. 10, 2021" with a "Print" link.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>

CMS Policy and Regulatory Revisions in Response to the COVID-19

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
7500 Security Boulevard, Mail Stop C2-21-16
Baltimore, Maryland 21244-1850



Center for Clinical Standards and Quality/Survey & Certification Group

DATE: August 26, 2020

Ref: QSO-20-38-NH
REVISED 09/10/2021

TO: State Survey Agency Directors

FROM: Director
Survey and Certification Group

SUBJECT: **Interim Final Rule (IFC), CMS-3401-IFC, Additional Policy and Regulatory Revisions in Response to the COVID-19 Public Health Emergency related to Long-Term Care (LTC) Facility Testing Requirements**

<https://www.cms.gov/files/document/qso-20-38-nh-revised.pdf>

COVID Data Tracker

United States At a Glance



[Data Tracker Home](#)

[COVID Data Tracker Weekly Review](#)

[Your Community](#) +

[Health Equity Data](#)

[Pediatric Data](#)

[Vaccinations](#)

[Cases, Deaths, and Trends](#)

COVID Data Tracker

Find maps and charts tracking cases, deaths, and trends of COVID-19 in the United States, updated daily by 8 pm ET

Recent updates:

- The [Vaccination Among Pregnant People](#) tab now shows the percent of people fully vaccinated prior to and during pregnancy, over time and by race/ethnicity
- New bivariate map on the [Vaccination Equity](#) tab displays vaccination coverage by metro/non-metro status, by county
- Crosslinks to [CDC Vaccination Effectiveness Research](#) webpage have been added to multiple tabs across the site

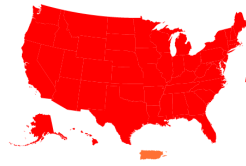
[COVID Data Tracker Weekly Review](#)

An interpretive summary of this week's data

How Do I Find a COVID-19 Vaccine?

COVID-19 vaccines are safe and effective at preventing COVID-19 disease.

Community Transmission in the US



AS FSML LPM MP PW PSML

Community transmission
Community transmission

State or territory:

Illinois

County or metro area:

Sangamon County

Time Period: Thu Sep 09 2021 - Wed Sep 15 2021

Sangamon County, Illinois

[State Health Department](#)

7-day Metrics | [7-day Percent Change](#)

Community Transmission

● High

Everyone in **Sangamon County, Illinois** should wear a mask in public, indoor settings. Mask requirements might vary from place to place. Make sure you follow local laws, rules, regulations or guidance.

[How is community transmission calculated?](#)

September 17, 2021

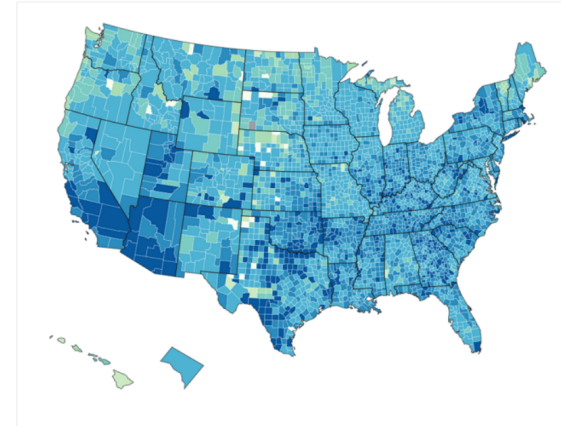
Cases	695
% Positivity	3.69%
Deaths	<10
% Eligible Population Fully Vaccinated	62%
New Hospital Admissions	41

Your Community

Stay up to date on the latest data in your community at the state and county level.

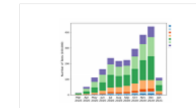
County View

Track cases, deaths, hospitalizations, and more for your community



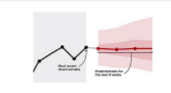
Community Profile Report

View key indicators for all regions, states, core-based statistical areas, and counties across the US



Forecasting

See expectations for case increases or decreases for your state and across the US



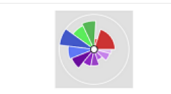
Vaccinations in the US

View doses delivered, administered, and more for your state and across the US



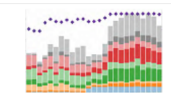
Pandemic Vulnerability Index

Visualize risk profiles of vulnerability to COVID-19 by county



State Profile Report

A weekly snapshot of key COVID-19 indicators



<https://covid.cdc.gov/covid-data-tracker/#datatracker-home>



Illinois Department of Commerce & Economic Opportunity

JB Pritzker, Governor

Illinois FAQ on Updated CDC Guidance

August 19, 2021

On July 27, 2021, the Illinois Department of Public Health (DPH) announced that it fully adopted the updated Centers for Disease Control and Prevention (CDC) masking recommendations to protect against COVID-19 and the Delta variant. CDC recommends that everyone, including fully vaccinated individuals, wear a mask in public indoor setting in areas with substantial and high transmission. Based on the CDC guidance, DPH strongly recommends that all businesses throughout the State require vaccinated and unvaccinated individual wears masks indoors.

How is an area determined to be “substantial” or “high” transmission?

- Areas of substantial transmission are considered by CDC to be those with 50 to 99 cases per 100,000 people over a 7-day period. Areas of high transmission are considered to be those with more than 100 cases per 100,000 people over a 7-day period.

How do I know if an area is “substantial” or “high” transmission?

- The community level of transmission can be found here: <https://covid.cdc.gov/covid-data-tracker/#countv-view>.

Toolkit and Guidance from Association of Senior Care Pharmacists (ASCP) and Society for Post-Acute and Long-Term Care Medicine (AMDA)



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MONOCLONAL ANTIBODY TREATMENTS IN LONG TERM CARE SETTINGS



<https://www.ascp.com/page/mab>



ADVISORY COMMITTEE MEETING

Vaccines and Related Biological Products Advisory Committee September 17, 2021 Meeting Announcement

SEPTEMBER 17, 2021

Scheduled



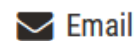
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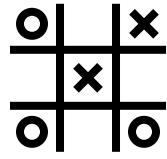


Email



Print

<https://www.fda.gov/advisory-committees/advisory-committee-calendar/vaccines-and-related-biological-products-advisory-committee-september-17-2021-meeting-announcement#event-materials>



Contact Tracing



- Fundamental activity of infection prevention and control
- Identify and work with people who may have been infected through exposure to an infectious person
- Prevents further transmission of disease by separating people who have (or may have) an infectious disease from people who do not.
- Case investigation and contact tracing are most effective when part of a multifaceted response to an outbreak.

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/overview.html>

You Have Been Doing this All Along: Start with Your Team and your Health Department



Protecting health, improving lives.

[ABOUT](#) | [EVENTS](#) | [CAREERS](#)



Select Language ▼

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Anyone 12 years of age and older is eligible for the COVID-19 vaccine.
Find your nearest vaccination location at <https://www.vaccines.gov/> or call (833) 621-1284 to schedule an appointment near you.

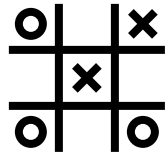
- [ID-19 Home](#)
- [Guidance](#) ▼
- [Illinois Data](#) ▼
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- [Resources & Information](#) ▼
- [Health Care Providers & Facilities](#) ▼
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[COVID-19 Home](#) » [Contact Tracing](#)

- [COVID-19 Home](#)
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- [Statewide Metrics](#)
- [Regional COVID-19 Metrics](#)
- [Contact Tracing](#) -
 - [Contact Tracing Data](#)
 - [Outbreak Locations](#)
 - [Potential Exposure](#)

Contact Tracing





Example



One unvaccinated staff member has symptoms the day after they worked evening shifts September 2 and September 3, 2021 and they test positive 9/4/2021 with a PCR test

1. Contact health department
2. Pause and test
3. Using contact tracing the team looks at who might have higher risk exposure or close contact
4. Vaccination status of those exposed
5. Logical approach: Person (who), place (where), and time (when)
 1. Where do they work?
 2. How reliably was PPE and source control worn?
 3. Where do they take breaks and with whom?
 4. Who do they commute with?
 5. Do any family members/roommates work at your facility as well?

Long-term Care Updates

New IDPH Guidance

Core Principles-remain unchanged

Vaccinations-updating

Monoclonal Antibody Therapy-new content

Source control-per Executive order

Community transmission levelschanging, new content

Response to a new positive in HCP or resident-***facility's immediate level of response*** may change based upon contact tracing or broad-based approach; testing unchanged; quarantine considers vaccination status of residents; isolation remains unchanged

Visitations, dining, group activitiesbeing updated

Executive Order No. 85

In accordance with Governor Pritzker's August 4, 2021 Executive Order Number 18 (COVID-19 Executive Order No. 85), all nursing homes and long-term care facilities in Illinois must continue to follow the guidance issued by the CDC and IDPH that **requires the use of face coverings in congregate facilities** for those over the age of two and able to medically tolerate a face covering, regardless of vaccination status." Executive Order ([illinois.gov](https://www.illinois.gov))

CPAP/BIPAP

Residents not suspected to have COVID (general population)

- May be placed in a double room
 - Draw bedside curtains between unvaccinated residents and work to improve ventilation in the room (work with maintenance staff)
- In areas with ***substantial to high community transmission levels***, regardless of vaccination status of the resident **OR** Outbreak status---
 - HCP should wear N95, eye protection, gown, gloves
- In areas with ***moderate to low community transmission levels***, regardless of vaccination status of the resident
 - Non-outbreak status: HCP should wear a well-fitted facemask
 - Outbreak status: HCP should wear N95, eye protection

Residents suspected or confirmed to have COVID

- Regardless of vaccination status of resident or community transmission levels
- HCP must wear N95, eye protection, gown, gloves

Determining Community Transmission Levels

KEY POINT: Moving forward facilities will no longer use CMS website to monitor and track county transmission data.

Terms changing: instead of county test positivity rates....will use community transmission levels

Community transmission levels are NOW available through the CDC's COVID-19 Data Tracker to determine county transmission levels.

<https://covid.cdc.gov/covid-data-tracker/#county-view>

Two different indicators in CDC's COVID-19 Data Tracker are used to determine the level of SARS-CoV-2 transmission for the county where the healthcare facility is located.

If the two indicators suggest different transmission levels, the higher level is selected .

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.htm>

COVID Data Tracker


United States

At a Glance


Cases Total **41,593,179**

Last 30 Days 

Deaths Total **666,440**

Last 30 Days 

76.1% of Adults with At Least

One Vaccination 

Community High

Transmission 

Data Tracker Home

COVID Data Tracker Weekly Review

Your Community

County View

Forecasting

Vaccinations in the US

Community Profile Report

State Profile Report

Pandemic Vulnerability Index

Health Equity Data

COVID-19 Integrated County View

Maps, charts, and data provided by CDC, updates daily by 8 pm ET[†]

This site provides an integrated, county view of key data for monitoring the COVID-19 pandemic in the United States. It allows for the exploration of standardized data across the country.* The footnotes describe each data source and the methods used for calculating the metrics. For the most complete and up-to-date data for any particular county or state, visit the relevant health department website. Additional data and features are forthcoming.

*County level data are not available for territories. Territory level data is available under the [Cases, Deaths, and Testing tab](#). Data presented here for District of Columbia may differ from those presented on the [Cases, Deaths, and Testing tab](#) due to reporting differences for each tab. For CDC's most up to date data for District of Columbia, select District of Columbia in the dropdown on this tab or see the map below.

How to Find a COVID-19 Vaccine

State or territory:

Select a State

County or metro area:

[Reset Selections](#)

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ission

State or territory:

Select a State

- Arkansas
- California
- Colorado
- Connecticut
- Delaware
- District of Columbia
- Florida
- Georgia
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas

County or metro area:

Adams County

- Select County
- Adams County
- Alexander County
- Bond County
- Boone County
- Brown County
- Bureau County
- Calhoun County
- Carroll County
- Cass County
- Champaign County
- Christian County
- Clark County
- Clay County

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Adams County, Illinois

[State Health Department](#) 

7-day Metrics | [7-day Percent Change](#)

Community Transmission


● High

Everyone in **Adams County, Illinois** should wear a mask in public, indoor settings. Mask requirements might vary from place to place. Make sure you follow local laws, rules, regulations or guidance.

[How is community transmission calculated?](#)

September 17, 2021

Cases	345
% Positivity	5.34%
Deaths	<10
% Eligible Population Fully Vaccinated	51.2%
New Hospital Admissions	49



Provides needed data so facilities are able to test and respond based upon level of community transmission level

Determining Transmission Risk



	Low	Moderate	Substantial	High
New cases per 100,000 persons in the past 7 days*	<10	10-49.99	50-99.99	≥100
Percentage of positive NAATs tests during the past 7 days**	<5%	5-7.99%	8-9.99%	≥10.0%



Two different indicators in CDC's COVID-19 Data Tracker are used to determine the level of SARS-CoV-2 transmission for the county where the healthcare facility is located.

If the two indicators suggest different transmission levels, the higher level is selected.

How you will use and Track Community Transmission Levels

Testing is completed based on the level of community transmission report in the past week.

Facilities should monitor their level of community transmission every other week (e.g., first and third Monday of every month) and adjust the frequency of performing staff testing accordingly.

If the level of community transmission increases to a higher level of activity, the facility should begin testing staff at the frequency shown in the table as soon as the criteria for the higher activity level are met.

If the level of community transmission decrease to a lower level of activity, the facility should continue testing staff at the higher frequency level until the level of community transmission has remained a the lower activity level for at least two weeks before reducing testing frequency.

CMS Testing Frequency Table

PER IL EXECUTIVE ORDER
FACILITIES
WILL BE REQUIRED TO
TEST
UNVACCINATED HCP
AT LEAST
WEEKLY

Table 2: Routine Testing Intervals by *County COVID-19 Level of Community Transmission*

<i>Level of COVID-19 Community Transmission</i>	Minimum Testing Frequency of Unvaccinated Staff⁺
Low (blue)	<i>Not recommended</i>
Moderate (yellow)	<i>Once a week*</i>
Substantial (orange)	<i>Twice a week*</i>
High (red)	Twice a week*

⁺Vaccinated staff do not need *to* be routinely tested.

^{*}This frequency presumes availability of Point of Care testing on-site at the nursing home or where off-site testing turnaround time is <48 hours.

Testing Change

Instructed to test Immediately

Often we did just that.....immediately but it was probably too soon

Recommendation by CDC for immediate testing is ***NOT EARLIER THAN 2 DAYS AFTER EXPOSURE***

If negative, test again day 5-7 post-exposure



New Admissions

Hospitalized residents with confirmed COVID-19 must complete transmission-based precautions (isolation) requirements (minimum of 10 days or up to 20 days if immunocompromised or severe illness)

Unvaccinated residents--quarantine for 14 days even if test is negative on admission

Fully vaccinated residents---no need to quarantine

Resident within 90 days of COVID-19 infection---no need to quarantine

Open Q&A

Submit questions via Q&A pod to **All Panelists**

Please do not resubmit a single question multiple times

Slides and recording will be made available after the session.

Reminders

- SIREN Registration
 - To receive situational awareness from IDPH, please use this link to guide you to the correct registration instructions for your public health related classification: <http://www.dph.illinois.gov/siren>

- NHSN Assistance:
 - Contact Telligen: **nursinghome@telligen.com**



CALEDONIA
SENIOR LIVING & MEMORY CARE

**CHICAGO
SCOTS**

Caledonia Senior Living & Memory Care

Gus Noble, CEO

MARCH 2021

VACCINE MANDATE

100% RESIDENTS

99% STAFF

COMMITMENT:
CERTAINTY, NEVER SPECULATION



COMMITMENT

TRANSPARENCY & DIGNITY

VACCINE HESITANCY





CALEDONIA
SENIOR LIVING & MEMORY CARE

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