

VFC NEWS BULLETIN

Chicago Department of Public Health— Chicago VFC Program

8.29.2018

National Immunization Awareness Month

August is National Immunization Awareness Month (NIAM), an annual observance sponsored by the National Public Health Information Coalition (NPHIC) to highlight the importance of vaccines for people of all ages. Please join us in celebration of the last week of NIAM 2018 by raising awareness about the importance of adult vaccines.

In this feature....



Adults need vaccines, too!

NIAM Theme Week 4: Adults



Adult Vaccine Coverage Levels



Protected Together

Together, We Can Do Better!



NIAM Celebration Guide: Adults

Adults: Vaccines are Not Just for Kids!



Adults need vaccines, too!



VACCINES are not just for kids.

The need for vaccinations does not end in childhood. Vaccine status should be assessed for all patients, even healthy adults. Adult vaccines can prevent serious illness and hospitalization due to flu, whooping cough, pneumonia and shingles. Some vaccines, like Hepatitis B and HPV vaccines, can even prevent cancer. You can find the 2018 ACIP schedule for adults [here](#).

Adult Vaccine Coverage Levels

Even though adult vaccines are recommended as part of a healthy lifestyle, adult vaccine coverage is very low. In Chicago, [only 36.2% of adults 18 years or older](#) were estimated to have received a flu vaccine during the 2016-2017 flu season. In the [2016 National Health Interview Survey](#), CDC found that only a small percentage of adults nationwide are getting the vaccines they need:

- Only about 44% of adults 19 years or older received a flu vaccine during the 2016-2017 flu season
- Only 27% of adults 19 years or older had received a Tdap vaccination in the last ten years
- Only 25% of adults 19 years or older had received 3 or more doses of hepatitis B vaccination
- Only 33% of adults 60 years or older had received shingles (herpes zoster) vaccination
- Only 67% of adults 65 years or older had received pneumococcal vaccination

Together, We Can Do Better!

Health care professionals like you play a critical role in educating patients of all ages about the recommended vaccines. With flu season approaching, take this opportunity to commit to recommending the flu shot to all of your patients this year. To read more on the human and economic burden of adult vaccine-preventable diseases in Illinois, click [here](#).

WORLD IMMUNIZATION WEEK 2018



Protected Together
#VACCINESWORK



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CHICAGO DEPARTMENT OF PUBLIC HEALTH

NIAM Celebration Guide: Adults

To raise awareness about the importance of adult vaccinations, implement the following simple and quick strategies in your practice today!

Educate patients- Many adult patients don't realize they are overdue for recommended vaccinations. Use these [CDC handouts](#) to educate patients about the importance of adult vaccination ([Spanish available](#))

3 Important Reasons For Adults to Get Vaccinated

You may not realize that your need continues through your adult life. Vaccines are still important for your health and are just as important as when you were a child.

1. You may be at risk for serious diseases that are still common in the U.S.

Each year thousands of adults in the United States get sick from diseases that could be prevented by vaccines – some people are hospitalized, and some die.

Even if you got all your vaccines as a child, the protection from some vaccines can wear off over time. You may also be at risk for other diseases due to your age, job, lifestyle, travel, or health conditions.

2. You can't afford to risk getting sick.

Each health problem you get can mean big costs for you, your family, or your employer. You may not be able to take care of your family or other responsibilities.

3. You can protect your health and the health of those around you by getting the recommended vaccines.

Vaccines lower your chance of getting sick. Vaccines could mean you don't need to go to the doctor. Getting certain diseases as well as staying complication-free from those diseases.

Vaccines lower your chance of spreading certain diseases. There are many things you want to pass on to your loved ones: a vaccine, personal health care, and time with family and friends. Vaccines can help you avoid spreading germs to others. Vaccines are one of the safest ways to protect your health.

Getting Vaccinated

Adults can get vaccinated at doctor offices, pharmacies, neighborhood health clinics, health departments, and other locations. To find a vaccine provider near you, go to [www.cdc.gov/vaccines](#).

Most health insurance plans cover the cost of recommended vaccines. Check with your insurance provider for details and for a list of vaccine providers. If you don't have health insurance, call [1-800-232-6222](#) to learn more about health coverage options.

What vaccines do you need?

All adults should get:

- Tetanus, diphtheria, and pertussis (Tdap) vaccine
- Shingles vaccine
- Pneumococcal polysaccharide vaccine (PPSV23)
- Influenza vaccine
- Measles, mumps, and rubella (MMR) vaccine
- Meningococcal conjugate vaccine (MenACWY)
- Hepatitis A vaccine
- Hepatitis B vaccine
- Polio vaccine
- Pertussis vaccine
- Varicella (chickenpox) vaccine
- Zoster (shingles) vaccine
- Pneumococcal conjugate vaccine (MenACWY)
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- Pertussis vaccine
- Varicella (chickenpox) vaccine
- Zoster (shingles) vaccine

Need an appointment? There may be waiting lists for some vaccines. Call your doctor or local health department for more information. Visit [www.cdc.gov/vaccines](#) for more information.

DON'T WAIT. VACCINATE!

INFORMATION SERIES FOR ADULTS

Disease and the vaccine that helps prevent it	How the disease can affect you
Influenza "flu" Influenza vaccine	Flu can be deadly for young children, the elderly, and people with chronic health conditions. It can also spread to others. The best way to prevent it is to get vaccinated. Disease Complications: Pneumonia, bacterial infections, hospitalization, and even death.
Hepatitis A Hepatitis A vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Hepatitis B Hepatitis B vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Human Papillomavirus (HPV) HPV vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Measles Measles vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Meningococcal Disease Meningococcal vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Pneumococcal Disease Pneumococcal vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Shingles Shingles vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Tetanus Tetanus vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.
Whooping Cough Pertussis vaccine	Flu, typhoid, shingles, pain, loss of appetite, vomiting, jaundice (yellowing of skin and eyes), and dark urine. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease. Disease Complications: Liver failure, cirrhosis, liver cancer, and liver disease.

For a full list of all diseases that can be prevented by vaccines, visit [www.cdc.gov/vaccines](#).

DON'T WAIT. VACCINATE!

Share resources online- Add web buttons to your practice's website and social media pages that link to CDC [adult vaccination online resources](#)

"I watched my sister suffer with shingles, that's why I made sure we both got vaccinated."

DON'T WAIT. VACCINATE!

Learn More

"I got vaccinated because I can't risk getting sick."

DON'T WAIT. VACCINATE!

Learn More

Learn more strategies for improving adult immunization services- Review CDC's [standards for adult immunization practice](#) to learn additional ways your practice can promote adult vaccination, such as implementing standing orders

Immunizing Adult Patients: Standards for Practice

Your patients trust you to give them the best advice on how to protect their health. Vaccinable diseases can reach to serious illness, hospitalization, and even death. Make adult vaccination a standard of care in your practice.

Your patients have probably not received all the vaccines they need. Even though most insurance policies cover the cost of recommended vaccines, many patients do not get vaccinated. Your patients may not even realize that they need vaccines.

Make the standard of care for adult immunization a standard of practice in your practice.

1. ASSESS the immunization status of all patients at every clinical encounter.

2. ADVISE patients about the importance of adult immunization.

3. PROVIDE needed vaccines or REFER your patients for a vaccination provider.

4. TRACK the status of your patients' immunizations.

5. EDUCATE your patients about the importance of adult immunization.

6. PROMOTE standing orders to vaccinate adults.

7. EVALUATE the impact of your immunization practice.

8. ENGAGE your patients in their immunization decisions.

9. PROVIDE patient education materials in clear and accessible language.

10. PROVIDE patient education materials with translation services for patients with limited English proficiency.

11. PROVIDE patient education materials in accessible formats for patients with disabilities.

12. PROVIDE patient education materials in multiple languages.

13. PROVIDE patient education materials in multiple formats.

14. PROVIDE patient education materials in multiple languages and formats.

15. PROVIDE patient education materials in multiple languages and formats.

16. PROVIDE patient education materials in multiple languages and formats.

17. PROVIDE patient education materials in multiple languages and formats.

18. PROVIDE patient education materials in multiple languages and formats.

19. PROVIDE patient education materials in multiple languages and formats.

20. PROVIDE patient education materials in multiple languages and formats.

DON'T WAIT. VACCINATE!

Take a STAND!

Use Standing Orders to Vaccinate Adults

For more ideas access the complete NIAM 2018 toolkit click [here](#)

national
IMMUNIZATION
awareness month



And don't forget, share pictures from your practice to show us how you are celebrating NIAM! Please email stories and pictures to chicagovfc@cityofchicago.org