






Preventing COVID-19 Transmission

Everyone has a Role in Preventing the Spread of COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Symptoms of COVID-19

Know the symptoms of COVID-19, which can include the following:

				
Cough, shortness of breath, or difficulty breathing	Congestion, sore throat, fever, or chills	Fatigue, headache, or body aches	Nausea, vomiting, or diarrhea	New loss of taste or smell


If you are experiencing any of these symptoms, get tested for COVID-19.

Symptoms can range from mild to severe and appear 2–14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if you or someone you know has **Emergency Warning Signs of COVID-19:**

<ul style="list-style-type: none"> • Trouble breathing • Persistent pain or pressure in the chest • New confusion 	<ul style="list-style-type: none"> • Difficulty waking or staying awake • Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone
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This is not a list of all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.

 [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

If you have any of the following, we ask that you postpone your visit for the health and safety of your loved one and others.

- 1) Symptoms of COVID
- 2) Have tested positive for COVID-19
- 3) Been exposed to someone that is positive for COVID-19

Wear a mask with the best fit, protection, and comfort for you.

			
N95 Respirator NIOSH-approved	KN95 Respirator	Disposable Mask Sometimes referred to as "surgical masks" or "medical procedure masks"	Cloth Mask Non-medical, made of fabric
When worn correctly, respirators offer the highest level of protection and filter 95% of particles.	Filtration varies depending on standard. When worn correctly, KN95s provide more protection than disposable masks.	Disposable masks offer more protection than cloth masks.	Layered finely woven cloth masks offer more protection. Loosely woven cloth masks provide the least protection.

 Masks and respirators should not be worn by children younger than 2 years old. [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



Use
hand
sanitizer

