

### 24<sup>th</sup> Annual Chicago Infection Control Conference

#### September 18, 2019 Dr. Isaac Ghinai, BSc, MSc, MBBS

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Dr. Ghinai has disclosed that there is no actual or potential conflict of interest in regards to this presentation

The planners, editors, faculty and reviewers of this activity have no relevant financial relationships to disclose. This presentation was created without any commercial support.

### Learning Objectives

At the conclusion of this course participants will be able to:

- Describe how Chicago Department of Public Health is exploring the root causes of health disparities among those living in Chicago.
- Identify public health resources to contact for reportable disease conditions, obtain specialized treatments, or engage for antibiotic stewardship assessments through the Chicago Department of Public Health.
- Describe surveillance and response efforts around emerging and re-emerging infections including Legionnaires' disease, measles, and preparedness regarding the Ebola situation in the DRC.
- Identify mechanisms of surveillance for acute responses (such as emerging lung diseases in those with vaping history) and how to report these suspected cases to public health.

### To obtain credit you must:

- Complete an electronic evaluation
- After completing the evaluation you can generate your certificate immediately.

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### Lung Injury following E-Cigarette Use

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September 18th 2019



What is this new syndrome?

- What causes this syndrome?
- Local situation
- National situation
- What next?





What is this new syndrome? What causes this syndrome? Local situation National situation What next?



### Timeline





IDPH = Illinois Department of Public Health. WDHS = Wisconsin Department of Health Services. HAN = Health Alert Notice

### **Epidemic curve**



### **Geographic distribution**







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## **Clinical syndrome**

#### Triad:

- 1. Respiratory signs and symptoms
  - Shortness of breath, chest pain, dry cough
  - Radiographic changes
- 2. Gastrointestinal symptoms
  - 80% have nausea, vomiting, pain or diarrhea
- 3. Constitutional symptoms
  - >95% report fever/chills, malaise or weight loss



### **Radiographic changes**







### **Case definition**

Case status	Criteria
Confirmed	Inhalation drug use in last 90 days AND
	Pulmonary infiltrate (opacities on CT or CXR) AND
	No pulmonary infection on initial workup AND
	No evidence that pulmonary disease is due to rheumatologic or neoplastic process
Probable	Minimal criteria for ruling out infection not met OR
	Infection detected but not thought to be the sole cause of pulmonary infiltrate



**CDC/CSTE**, 2019



What is this new syndrome?

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### What causes this syndrome?

#### Common exposure

- E-cigarette use (vaping) use in recent months

#### No single product identified yet

- ~85% vape THC-products
  - ~25% vape only THC product
- 70% vape nicotine products
  - ~15% vape only nicotine products
- Vitamin E acetate in THC products (FDA)
- Aflatoxin in THC products (lowa lab)



#### In 2018, more than **3.6 MILLION** U.S. middle and high school students used e-cigarettes in the past 30 days, including:

#### 20.8% HIGH SCHOOL STUDENTS



4.9%

MIDDLE SCHOOL

STUDENTS



### **E-cigarette use**

E-cigarette use is endemic in young people

- -23.1% of IL 12<sup>th</sup> grade students vape
- -9.7% of high school students vape THC

THC products are illegal and unregulated

Nicotine products are illegal for under 21





What is this new syndrome? What causes this syndrome?

### Local situation

National situation What next?



### **Illinois situation**

64 cases across Illinois

- -9 in Chicago
- More under investigation

#### >20 IL counties affected

#### Ages: 15-41 years; Median age ~ 22

Mean hospitalization stay: 6 days



#### Number of Cases





### Public health response

IDPH and local health departments

- Collecting reports possible cases
- Classifying cases
- Medical record abstraction
- Reviewing chest imaging
- Patient survey
- Analyzing data
- Collecting products and devices
- Testing products and devices





What is this new syndrome? What causes this syndrome? Local situation National situation

What next?



### **National situation**

CDC coordinating epidemiology

- ->350 cases
- ->35 states
- Health Alert sent out nationwide

FDA coordinating laboratory testing

- Vitamin E acetate found
- Unknown significance



### **National situation**

The New York Times

### Vaping Bad: Were 2 Wisconsin Brothers the Walter Whites of THC Oils?

As the authorities work to understand the spate of vapingrelated lung illnesses, a small-town drug bust offers a closer look at the vast black market for vaping supplies.





What is this new syndrome? What causes this syndrome? Local situation National situation

What next?



### What next?

Investigation continues: Clinical Epidemiologic Laboratory Law enforcement



# Respiratory viral season is coming

Questions? Feedback? Cheers!

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