Syphilis Update 2018: Clinical and Laboratory Considerations

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DEPARTMENT OF MEDICINE

ST. LOUIS STD/HIV Prevention Training Center

DIVISION OF INFECTIOUS DISEASES

Accredited training in the diagnosis and management of sexually transmitted diseases



Disclosure: Bradley Stoner, MD, PhD

• No relevant financial interests



School of Medicine





Syphilis - Treponema pallidum



What's new with syphilis

- Rates continue to increase
 - MSM
 - Congenital
- Changes in staging and clinical classification
- Increasing reports of ocular infection

P&S Syphilis in the US 2013-2017



Primary and Secondary Syphilis — Rates of Reported Cases by State, United States and Outlying Areas, 2017



NOTE: The total rate of reported cases of primary and secondary syphilis for the United States and outlying areas (including Guam, Puerto Rico, and the Virgin Islands) was 9.5 per 100,000 population. See Section A1.11 in the Appendix for more information on interpreting reported rates in the outlying areas.

ACRONYMS: GU = Guam; PR = Puerto Rico; VI = Virgin Islands.





Primary and Secondary Syphilis — Rates of Reported Cases by Sex and Male-to-Female Rate Ratios, United States, 1990–2017



Primary and Secondary Syphilis — Distribution of Cases by Sex and Sexual Behavior, United States, 2017



Congenital Syphilis — Reported Cases by Year of Birth and Rates of Reported Cases of Primary and Secondary Syphilis Among Women Aged 15–44 Years, United States, 2008–2017



ACRONYMS: CS = Congenital syphilis; P&S = Primary and secondary syphilis.

Traditional approach to staging

- Primary
- Secondary
- Latent
 - early latent: < 1 year
 - late latent: ≥ 1 year
- Late (tertiary)
 - neurosyphilis
 - cardiovascular syphilis
 - gummatous syphilis

Clinical presentation of syphilis



2018 revised syphilis classification

Clinical **Manifestations** Stage Neurologic Primary -Secondary Ocular Early nonprimary nonsecondar Otic Unknown duration or late Late clinical - cardiovascular - gumma - advanced CNS

Council of State and Territorial Epidemiologists (CSTE) Position Statement on Syphilis 17-ID-11 Effective 01 Jan 2018

Primary syphilis

- The first manifestation of infection
- Characterized by development of chancre
- Incubation period
 - average 3 wks. from time of exposure
 - range 9 90 days
- Chancre occurs at site of bacterial invasion

Primary syphilis - chancre



Primary syphilis - chancre



Primary syphilis - chancre



• Evidence of systemic spread of infection

Characterized by palmar-plantar rash
 – other skin and mucous membrane lesions

 Typically develops 3 - 6 weeks following development of primary lesions (chancre)







Condylomata lata

- A form of secondary syphilis
 - papular lesions on moist body areas
 - uncommon, but increasingly reported

Condylomata lata



Early nonprimary nonsecondary syphilis

- Infection within the past 12 months
- No primary or secondary manifestations

(No longer called "early latent" because neurologic, ocular, or otic involvement may occur at any stage)

Unknown duration or late syphilis

- Infection > 12 months ago, or unclear how long the patient has been infected
- No primary or secondary manifestations

(May include neurologic, ocular, otic, or late clinical manifestations)

Other clinical manifestations

- Neurologic
 - asymptomatic
 - meningeal
 - meningovascular (stroke)
 - long-term complications
- Otic
 - uveitis, vasculitis, neuropathy
 - decreased vision → blindness
- Ocular
 - sensorineural hearing loss
 - tinnitus, vertigo

- Late clinical (tertiary)
 - cardiovascular
 - skin
 - bone
 - late CNS involvement

Late clinical (tertiary) syphilis

- Late neurologic manifestations
 - general paresis, dementia, tabes dorsalis
- Cardiovascular manifestations
 aortitis, coronary vessel disease
- Skin and bone involvement
 - gummatous lesions, osteitis

Parenchymatous neurosyphilis

• General paresis

- neurologic findings include:
 - Argyll Robertson pupils
 - Small, irregular
 - Do not constrict to light (don't react)
 - Do constrict when focusing (accommodate)
 - slurred speech, expressionless face
- ultimately leads to *dementia paralytica* (confusion, psychosis, seizures)



Parenchymatous neurosyphilis



Cardiovascular syphilis



Cardiovascular syphilis



Gummatous syphilis



Gummatous syphilis



Gummatous syphilis



Diagnosing syphilis

- Darkfield microscopy
 - direct visualization of bacteria from lesions
 - not widely available in clinical sites

Darkfield microscopy



Diagnosing syphilis

• Serologic diagnosis

- Traditional sequence testing
 - screen with non-treponemal test (RPR or VDRL)
 - confirm with treponemal test (FTA-ABS or TP-PA)
- "Reverse sequence" testing
 - screen with treponemal test (EIA or CIA)
 - confirm with nontreponemal test (RPR or VDRL)

RPR: serial dilutions



Reading the RPR



Reverse sequence testing

 Many laboratories are switching to screening tests based on detection of *treponemal* antibody

• This can lead to confusion in diagnosis

Be careful...

- EIA tests cannot distinguish active disease from old (treated) disease
- Lots of confusion re: management of patients with discrepant serology

EIA+ RPR- may be

- no syphilis (false positive EIA) ?
- prior treated syphilis (with appropriate loss of RPR reactivity) ?
- old untreated syphilis (with loss of RPR reactivity) ?

Syphilis - treatment

Early syphilis (primary, secondary, early nonprimary nonsecondary)

– Benzathine PCN-G 2.4 mU IM x 1 dose

- Unknown duration or late syphilis
 - Benzathine PCN-G 2.4 mU IM q week x 3 doses

Syphilis – penicillin allergy

- Doxycycline 100mg po bid (or tetracycline 500mg po qid)
 - treat for 2 weeks for early syphilis
 - treat for 4 weeks for unknown or late syphilis

Neurosyphilis and cardiovascular syphilis

- Recommended
 - aqueous crystalline PCN-G 3-4 million units IV q4h x 10-14 d
- Alternate
 - daily procaine penicillin plus probenecid
 - daily ceftriaxone

Jarisch-Herxheimer Reaction

- Systemic reaction which occurs when large quantities of toxins are released into the body as syphilis organisms die
 - fever, chills, headache, muscle aches
 - resolves within 1-2 days

Treat with acetaminophen, conservative care

 emphasize this is NOT an allergic reaction

Question

- You are caring for a 23 yo female who is 8 weeks pregnant. She has syphilis. She is allergic to penicillin. Which of the following drugs will you use to treat her?
- 1. Ceftriaxone
- 2. Erythromycin
- 3. Doxycycline
- 4. Ciprofloxacin
- 5. Penicillin

Answer

• Penicillin

The patient must be desensitized and treated with PCN, since no other medication effectively crosses the placenta

CDC Call to Action

Let's Work Together to Stem the Tide of Rising Syphilis in the United States



CDC Call to Action

- Syphilis rates are increasing among women, their babies, and men throughout the United States.
- > Untreated syphilis can cause severe medical issues.

Efforts are needed:

- ✓ to create new tools;
- ✓ to detect and treat syphilis;
- ✓ increase testing;
- ✓ control the further spread of syphilis; and
- ✓ improve electronic medical records in order to improve patient outcomes.
- URL: <u>https://www.cdc.gov/std/syphilis/resources.htm</u>

Let's Work Together to Stem the Tide of Rising Syphilis in the United States

New Tools Are Needed for Syphilis Prevention and Control

There is an urgent need for new tools to prevent, diagnose, treat, and manage syphilis. This will allow people to protect themselves from getting syphilis or learn quickly and easily if they have it; and help health care professionals monitor, and assure effective treatments for years to come.





Resources

- 1) STD Clinical Consultation Network get your clinical questions answered by an expert in your region
 - stdccn.org

- 2) National STD Curriculum self-study modules, Q&A, continuing education credits
 - std.uw.edu