Surveillance Week 47 (November 21-27, 2021)



Chicago Influenza and Respiratory Virus

Surveillance Report



Lori E. Lightfoot, Mayor

December 3, 2021

Allison Arwady, MD, MPH, Commissioner

Online Influenza Dashboard

Influenza Surveillance in Chicago

The Chicago Department of Public Health utilizes various surveillance indicators to monitor influenza activity in Chicago. This includes surveillance for influenza-associated intensive care unit (ICU) hospitalizations, monitoring circulating influenza viruses, as well outpatient and emergency department visits that are due to influenza-like illness (ILI). Influenza surveillance data are typically aggregated by week. This report is updated on Fridays for the previous Saturday through Sunday. On all graphs, the week ending date is displayed. Ending dates are accurate for the current season but are approximations for all other years. All data presented here are preliminary and may change as more reports are received. Reported percentages for previous seasons represent final, end of season data and may differ from previously published reports. All data presented on this page, except where otherwise noted, are available through the Chicago Data Portal.

Note for the 2021-2022 season: The COVID-19 pandemic has influenced influenza activity and surveillance in several ways. Surveillance indicators that monitor outpatient and emergency department visits for influenza-like illness will capture visits for other respiratory illnesses, like COVID-19, that have similar symptoms. Additionally, health care seeking behavior has changed during the COVID-19 pandemic which may limit our ability to monitor influenza activity. As a result, our typical indicators may be less reliable in measuring influenza activity and should be interrupted with caution and in context with other respiratory pathogens circulating at the time. COVID-19 mitigation measures, like masking and social distancing may also change the timing and intensity of influenza activity this year. Information about the current COVID-19 situation in Chicago can be found on the COVID-19 Dashboard².

Expanded respiratory virus surveillance: In order to provide additional context regarding influenza activity, CDPH, along with participating hospital laboratories, has expanded laboratory surveillance to include other respiratory viruses. The data represented here are a subset of all the respiratory virus testing performed in Chicago and may include both Chicago and non-Chicago residents. The facilities reporting data are the largest medical centers in Chicago and represent nearly half of all acute care hospitals in the city. Additional respiratory virus surveillance data is presented at the end of this report including emergency department visits for RSV among children less than five years of age.

Weekly Surveillance Summary

- Currently, the risk of influenza infection is low.
- No influenza-associated ICU hospitalizations have been reported.
- Thirty-nine of 2,482 (1.6%) reported specimens tested for influenza were positive. Since October 3, 2021, 232 of 16,245 (1.4%) reported specimens tested for influenza have been positive.
- The proportion of emergency department and outpatient visits for influenza-like illness (ILI) are below local thresholds.
- CDC issued a <u>health advisory</u> concerning increasing seasonal influenza A (H3N2) activity, especially among young adults and in college and university settings.
- Clinicians should consider influenza testing in addition to SARS-CoV-2 testing and review guidelines for
 prescribing anti-viral medications as prophylaxis or empiric treatment as discussed in the <u>CDPH HAN alert</u>
 issued on November 10.
- Vaccination is the best way to protect against influenza infection and all Chicagoans six months and older are encouraged to get vaccinated.
- Influenza vaccines may be administered on the same day as COVID-19 vaccines. No waiting between COVID-19 and other vaccines is required.
- Chicagoans should ask their healthcare provider or pharmacist about vaccine availability. For those without a
 healthcare provider or whose healthcare providers do not have the influenza vaccine, a schedule of <u>City of</u>
 <u>Chicago influenza vaccination clinics</u>³ is available on the city website and by calling 311.
- Chicago is currently in the historical RSV season and experiencing seasonal-level transmission of RSV (unlike the 2020-2021 season in which we saw essentially no RSV activity). Synagis (palivizumab) is indicated for eligible patients at this time.

Influenza Intensive Care Unit (ICU) Hospitalizations

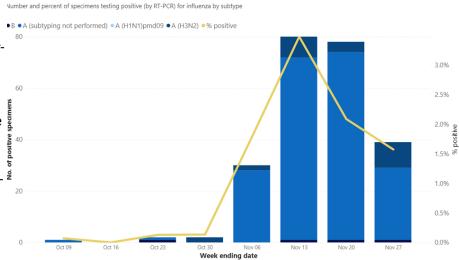
In Illinois, influenza associated Intensive Care Unit (ICU) hospitalizations are reportable as soon as possible, but within 24 hours. Influenza associated ICU hospitalizations are defined as individuals hospitalized in an ICU with a positive laboratory test for influenza A or B, including specimens identified as influenza A/H3N2, A/H1N1pdm09, and specimens not subtyped (e.g., influenza positive cases by PCR or any rapid test such as EIA).

No influenza-associated hospitalizations have been reported yet this season.

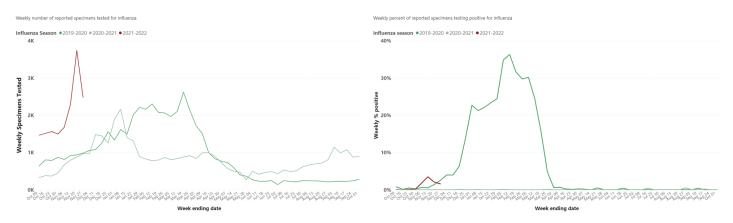
Influenza Laboratory Surveillance

Data on influenza virus test results are reported by several Chicago hospital laboratories performing influenza RT-PCR. Laboratories submit aggregate data for all influenza tests performed; therefore, data may contain results for individuals that reside outside of Chicago. It is meant as an indicator of circulating influenza viruses in the area. Data represents positive laboratory results regardless of hospitalization status. Data does not represent all cases of influenza since many individuals with influenza do not seek medical care or get tested for influenza.

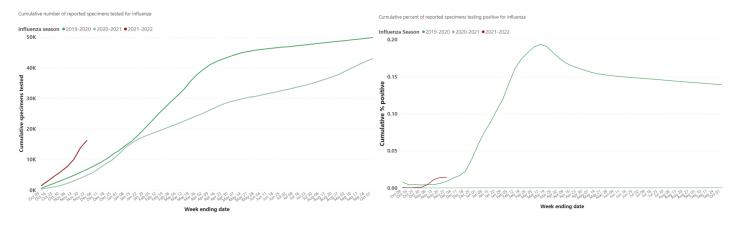
This chart shows the percent of specimens tested for influenza that were positive (line graph) and the number of positive influenza tests by influenza virus subtype (bar graph).



The following charts show the **weekly** number of specimens tested for influenza and the weekly percent that were positive.



The following charts show the **cumulative** number of specimens tested for influenza and the cumulative percent that were positive.



Influenza Outpatient Illness Surveillance

Several outpatient clinics throughout Chicago participate in CDC's Influenza-like Illness Surveillance Network (ILINet⁴) by reporting on a weekly basis the total number of outpatient clinic visits, and of those visits, the number with influenza-like illness (ILI). ILI is defined as fever plus cough or sore throat.

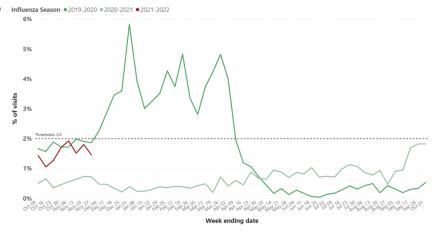
This chart shows the percent of medicallyattended outpatient visits attributed to influenza-like illness as reported by ILINet facilities in Chicago by week. By default, the chart shows the current season and previous two seasons.

Influenza Emergency Department Illness Surveillance

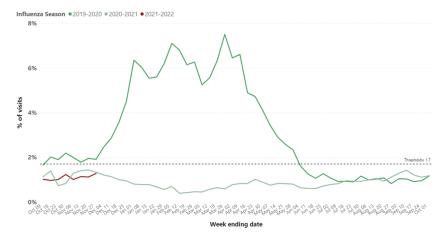
ESSENCE⁵ is an electronic syndromic surveillance system that utilizes the chief complaints of patients visiting emergency departments to monitor for influenza-like illness. All acute-care hospitals in Illinois report emergency department data to this system. Currently, ESSENCE captures nearly every emergency department visit in the city on a daily basis.

This chart shows the percent of emergency department visits attributed to influenza-like illness for Chicago zip codes based on chief complaint data submitted to ESSENCE by week. By default, the chart shows the current season and previous two seasons.

Percent of medically-attended outpatient visits attributed to influenza-like illness as reported by ILINet



ercent of ED visits attributed to influenza-like illness for Chicago zip codes based on chief complaint data submitted to ESSENCE

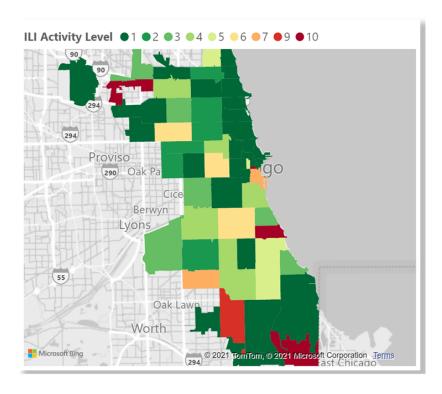


The threshold values reflect the mean percentage of visits due to ILI during 'non-influenza' weeks for the previous three seasons plus two standard deviations. Here non-influenza weeks are defined as the summer months (usually May through September).

Influenza-like Illness Activity Map

ILI Activity Level is determined by comparing the ILI percentage for each zip code for the current week to the mean ILI percentage during the non-influenza weeks for the previous season (usually the summer months of May through September). Level 1 corresponds to an ILI percentage below the mean, level 2 to an ILI percentage less than one standard deviation (SD) above the mean, level 3 to an ILI percentage more than one, but less than two standard deviations above mean, and so on, with level 10 corresponding to an ILI percentage more than eight standard deviations above the mean. Variations in ILI activity levels should not be interpreted as an influenza cluster or outbreak as other illnesses can cause similar symptoms (including COVID-19).

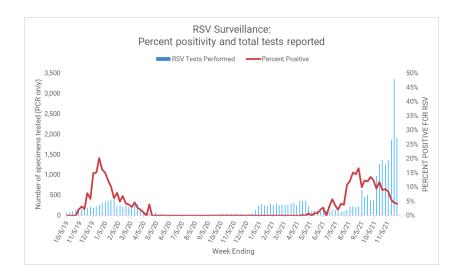
This map shows the influenza-like Illness (ILI) activity levels by patient zip code determined by the chief complaint data submitted to ESSENCE for the current season.



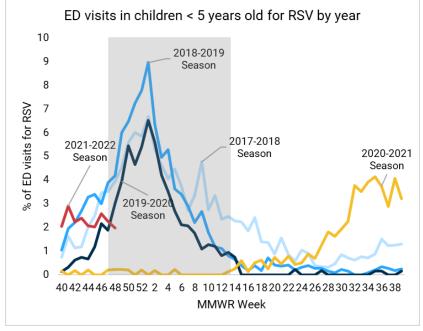
Respiratory syncytial virus (RSV) among children < 5 years of age

While RSV can affect people of all ages, it is more common, and more frequently causes severe illness, in younger children (<5 years old). Transmission patterns of RSV during the COVID-19 pandemic have been atypical. Below is local data on laboratory testing and emergency department visits for children <5 years old.

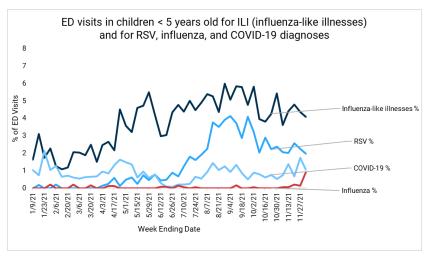
This figure shows current and historical percent positivity (PCR only), along with testing volume for context. These data are aggregated from a set of Chicago hospitals and labs, some of whom report directly to CDPH and others whom report to NREVSS (The National Respiratory and Enteric Virus Surveillance). Note: not all contributing hospitals reported for every week.



This figure shows the percent of ED visits for RSV among children <5 years old in the current and previous four seasons. The shaded area marks the typical RSV season. These data are from ESSENCE (The Electronic Surveillance System for the Early Notification of Community-Based Epidemics).



This figure shows the percent of emergency department visits for influenza-like illnesses (syndromic surveillance), as well as for diagnoses of RSV, influenza, and COVID-19 illnesses among children <5 years old. The clinical presentation of RSV, flu, and COVID-19 overlap, therefore understanding likelihood of infection for an individual patient should take into consideration circulating levels of each respiratory virus.



Recommendations for Synagis (palivizumab): The American Academy of Pediatrics (AAP) 2021 Red Book (32nd edition) defines the onset of RSV season as the first week of two consecutive weeks that RSV PCR test positivity is 3% or greater. Chicago experienced atypical early seasonal-level transmission of RSV. Immunoprophylaxis with palivizumab (trade name Synagis) is recommended for children at high risk of serious disease and hospitalization. Eligibility criteria are outlined in the Red Book. The Illinois Department of Healthcare and Family Services provided approval for early dosing, and on November 1, the typical coverage period for palivizumab began.

Expanded Respiratory Virus Laboratory Surveillance

The table below includes respiratory virus PCR data from several hospital laboratories in Chicago as well as one commercial laboratory serving Chicago facilities. The data represented in the table are a subset of all the respiratory virus testing performed in Chicago and may include both Chicago and non-Chicago residents. The facilities reporting data are the largest medical centers in Chicago and represents nearly half of all acute care hospitals in the city.

Respiratory Pathogen PCR	Week Ending November 27, 2021		Since October 3, 2021	
	# Tested	% Positive	# Tested	% Positive
Influenza*	2,482	1.6%	16,245	1.4%
RSV*	2,090	4.3%	13,855	6.8%
SARS-CoV-2*	5,394	6.7%	51,705	4.0%
Parainfluenza	491	4.5%	4,997	4.9%
Rhinovirus/Enterovirus	491	21.8%	4,997	31.0%
Adenovirus	491	3.5%	4,997	2.6%
Human Metapneumovirus	491	1.4%	4,997	<1%
Seasonal Coronaviruses	491	<1%	4,881	<1%
* represents both dualplex and mul-	tinley PCR data	All other data renr	esents only mul	tinley nanels

^{*} represents both dualplex and multiplex PCR data. All other data represents only multiplex panels that include the specified pathogens (e.g. BioFire).

National and State Influenza Surveillance

The Centers for Disease Control and Prevention's <u>FluView report</u>⁶ provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. Updates specific to <u>Illinois</u>⁷ and <u>Suburban Cook County</u>⁸ are also available online. Current and archived issues of the Chicago Flu Update can be found on the CDPH website section <u>Current Flu Situation in Chicago.</u>⁹

Referenced Websites

- 1. https://data.cityofchicago.org/browse?q=flu&sortBy=relevance&tags=flu
- 2. https://www.chicago.gov/city/en/sites/covid-19/home/covid-dashboard.html
- 3. https://www.chicago.gov/city/en/sites/flu/home/flu-schedule.html
- 4. https://www.cdc.gov/flu/weekly/overview.htm
- 5. https://dph.illinois.gov/data-statistics/syndromic-surveillance
- 6. https://www.cdc.gov/flu/weekly/index.htm
- 7. http://dph.illinois.gov/topics-services/diseases-and-conditions/influenza/influenza-surveillance
- 8. https://ccdphcd.shinyapps.io/influenza/
- 9. https://www.chicago.gov/city/en/depts/cdph/supp_info/health-protection/current_flu_situationinchicago.html