



Chicago Flu Update



Lori E. Lightfoot, Mayor

November 15, 2019

Allison Arwady, MD, MPH, Acting Commissioner

News & Updates

Vaccination is the best way to protect against influenza infection and all Chicagoans six months and older are encouraged to get vaccinated. Chicagoans should ask their healthcare provider or pharmacist about vaccine availability. For those without a healthcare provider or whose healthcare providers do not have the influenza vaccine, a schedule of [City of Chicago influenza vaccination clinics](#)¹ is available on the city website and by calling 311. To locate the closest City of Chicago clinic or retail pharmacy, go to www.chicagoflushots.org.

What is the risk?

Currently, the risk of influenza infection is low.

Are severe cases of influenza occurring?

For the week of November 3-9, 2019, two influenza-associated ICU hospitalizations were reported.

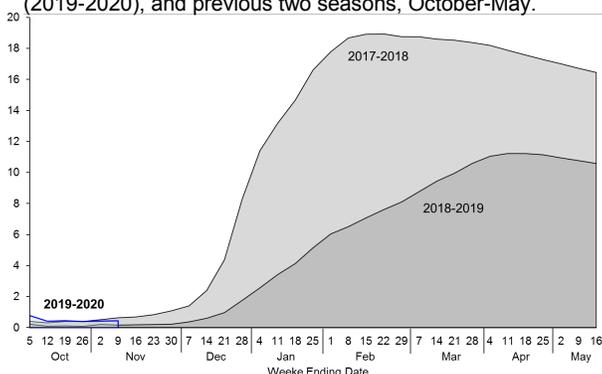
Since September 29, 2019, four influenza-associated ICU hospitalizations have been reported; all were positive for influenza A (2 H3N2, 1 H1N1pdm09, 1 unknown subtype [subtyping not performed or not all subtypes tested]) (Figure 1).

Which influenza strains are circulating?

Data on influenza virus test results are reported by Chicago laboratories performing influenza RT-PCR. For the week of November 3-9, 2019, 3 of the 479 (<1%) specimens tested for influenza were positive; 1 typed as influenza A unknown subtype [subtyping not performed or not all subtypes tested] and 2 typed as influenza B (Figure 2).

Since September 29, 2019, 19 of 4,269 (<1%) specimens tested for influenza have been positive; 9 typed as influenza A (6 H3N2, 0 H1N1pdm09, and 3 unknown subtype [subtyping not performed or not all subtypes tested]) and 10 typed as influenza B. The cumulative percent of specimens testing positive for influenza is similar to previous seasons during the same time period (Figure 3)

Figure 3. Cumulative percent of specimens testing positive (by RT-PCR) for influenza as reported by local laboratories serving Chicago hospitals, for the current season (2019-2020), and previous two seasons, October-May.



Illinois Influenza Geographic Spread

Figure 1. Number of influenza-associated ICU hospitalizations reported for Chicago residents, for the current season (2019-2020) and previous season (2018-2019), October-May.

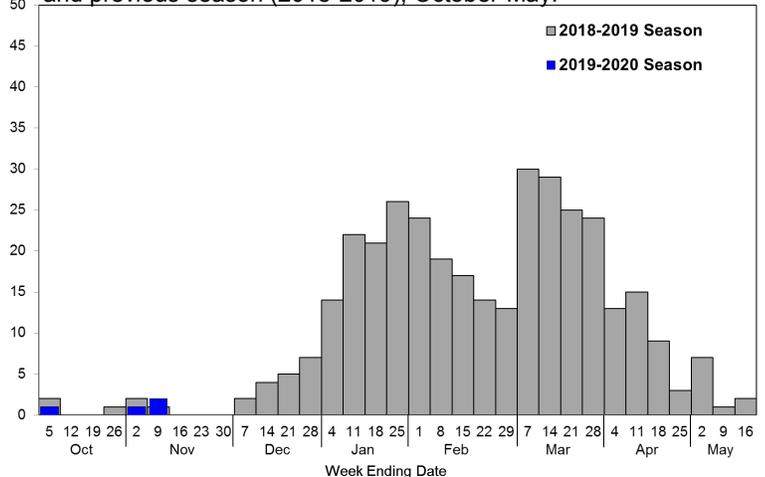
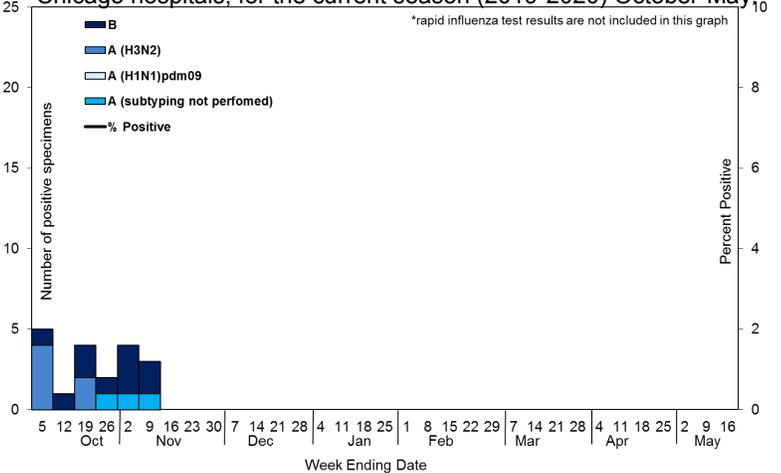


Figure 2. Percent of specimens testing positive (by RT-PCR) for influenza by subtype as reported by local laboratories serving Chicago hospitals, for the current season (2019-2020) October-May.



GET YOUR FLU SHOT

WWW.CHICAGO.GOV/FLU

All data are preliminary and may change as more reports are received.

¹ https://www.chicago.gov/city/en/depts/cdph/supp_info/health-protection/flu-clinics-in-the-city-of-chicago.html

How much influenza-like illness is occurring?

Several outpatient clinics throughout Chicago participate in CDC's Influenza-like Illness Surveillance Network (ILINet) by reporting on a weekly basis the total number of outpatient clinic visits, and of those visits, the number with influenza-like illness (ILI). For the week of November 3-9, 2019, 114 of the 5,755 (2.0%) reported outpatient clinic visits were due to influenza-like illness, which is similar to Illinois at 1.9% (Figure 4).

In addition to ILINet, ESSENCE is an electronic syndromic surveillance system that utilizes the chief complaints of patients visiting emergency departments to monitor for influenza-like illness. Currently, ESSENCE captures nearly every emergency department visit in the city on a daily basis. For the week of November 3-9, 2019, 411 of the 23,031 (1.8%) total emergency department visits were due to influenza-like illness (Figure 5).

Figure 6 represents the percentage of emergency department visits due to influenza-like illness aggregated by patient zip code. For the week of November 3-9, 2019, 11 of 59 (19%) zip codes had moderate to high ILI activity levels; this is lower than last season where 47% of zip codes were at moderate to high levels for the same time period.

Where can I get more information?

The Centers for Disease Control and Prevention's [FluView](#)² report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. Updates specific to [Illinois](#)³ and [Suburban Cook County](#)⁴ are also available online. Current and archived issues of the *Chicago Flu Update* can be found on the CDPH website section [Current Flu Situation in Chicago](#)⁵.

Reporting Information

Illinois Department of Public Health recently issued [Influenza Testing and Reporting Guidance](#)⁶. The Chicago Department of Public Health has previously issued guidance on [reporting influenza-associated ICU hospitalizations](#)⁷. Healthcare facilities can report cases to the Chicago Department of Public Health via the Illinois National Electronic Disease Surveillance System (INEDSS)⁸. For more information contact: SyndromicSurveillance@cityofchicago.org

Figure 4. Percent of medically-attended **outpatient** visits attributed to influenza-like illness as reported by **ILINet** facilities, Chicago, by week for the current season (2019-2020) and previous season, October-May.

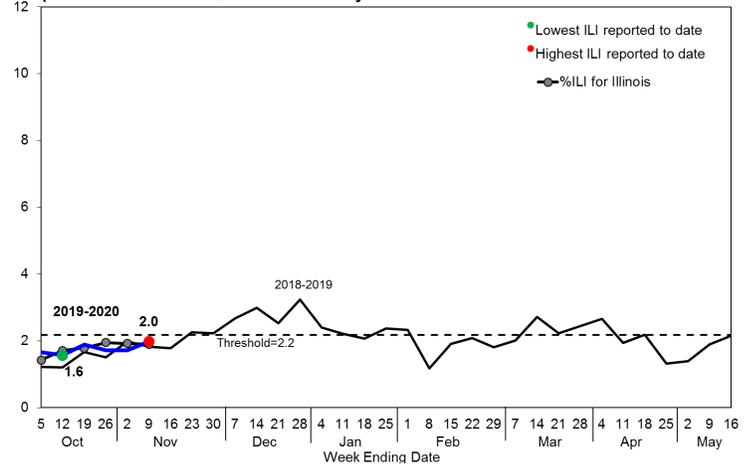


Figure 5. Percent of **emergency department** visits attributed to influenza-like illness for Chicago zip codes based on chief complaint data submitted to **ESSENCE**, Chicago, by week, for the current season (2019-2020) and previous two seasons, October-May.

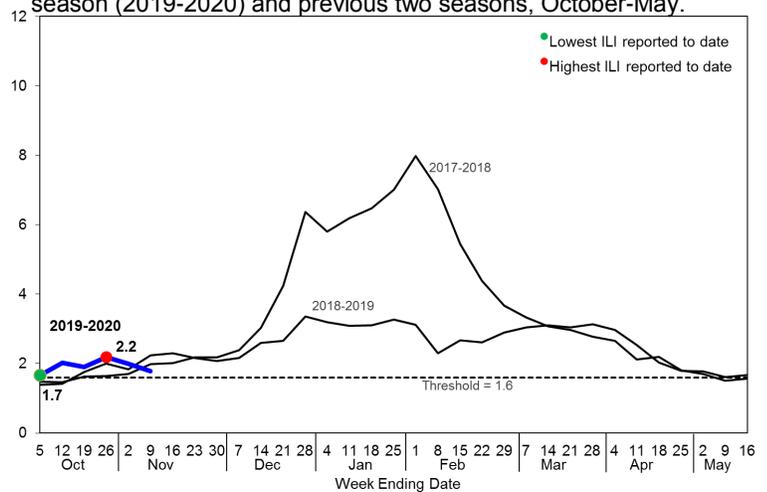
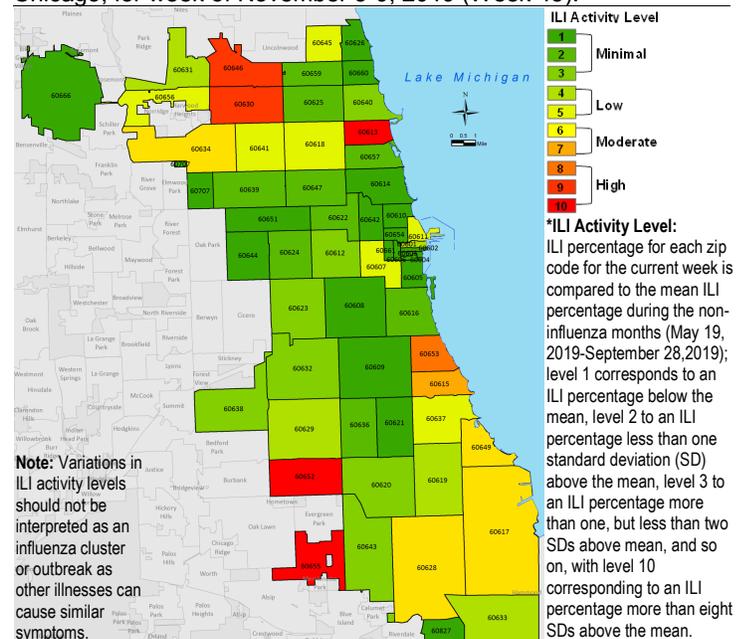


Figure 6. Influenza-like Illness (ILI) activity level by patient zip code determined by chief complaint data submitted to **ESSENCE**, Chicago, for week of November 3-9, 2019 (Week 45).



All data are preliminary and may change as more reports are received.

² <http://www.cdc.gov/flu/weekly/index.htm>; ³ <http://dph.illinois.gov/topics-services/diseases-and-conditions/influenza/influenza-surveillance>; ⁴ <https://ccdphcd.shinyapps.io/influenza/>;

⁵ https://www.cityofchicago.org/city/en/depts/cdph/supp_info/health-protection/current_flu_situationinchicago2011.html;

⁶ www.dph.illinois.gov/sites/default/files/publications/20190916idphohp-annual-flu-testing.pdf ;

⁷ <https://www.chicagohan.org/documents/14171/39923/Reporting+Influenza-Associated+ICU+Hospitalizations/bc2f49b2-cf74-487c-9441-0b0a930e4b41>; ⁸ <https://dph.partner.illinois.gov/>