

# Programmatic Response to Congenital Syphilis & the Critical Role of Prenatal Care

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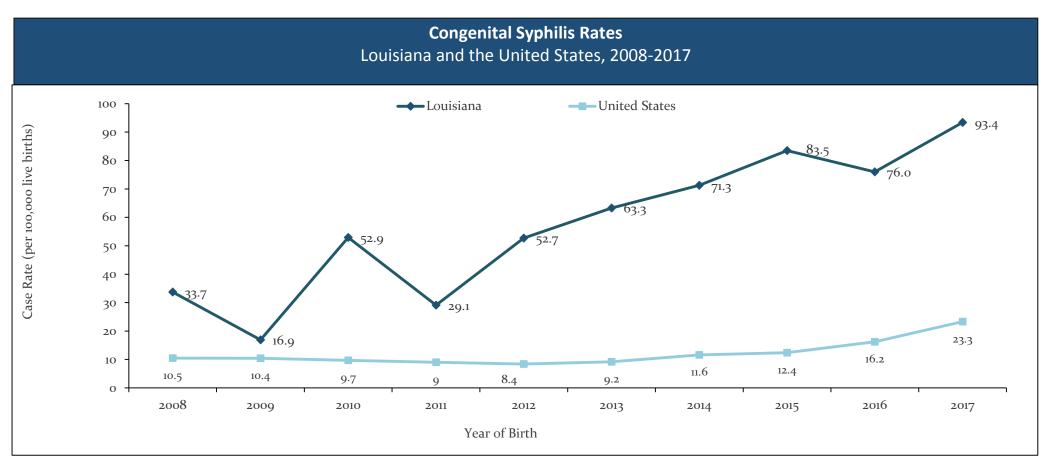


# Louisiana STD National Rankings 2016 vs. 2017

	2016			2017			% Change
	Ranking	# Cases	Rate	Ranking	# Cases	Rate	Rate Change
P&S Syphilis	1 <sup>st</sup>	750	16.1	3 <sup>rd</sup>	679	14.5	-9.9%
Congenital Syphilis	1 <sup>st</sup>	48	76.0	1 <sup>st</sup>	59	93.4	22.8%
Gonorrhea	2 <sup>nd</sup>	10,782	230.8	3 <sup>rd</sup>	12,017	256.7	11.2%
Chlamydia	2 <sup>nd</sup>	31,727	679.3	2 <sup>nd</sup>	34,756	742.4	9.3%

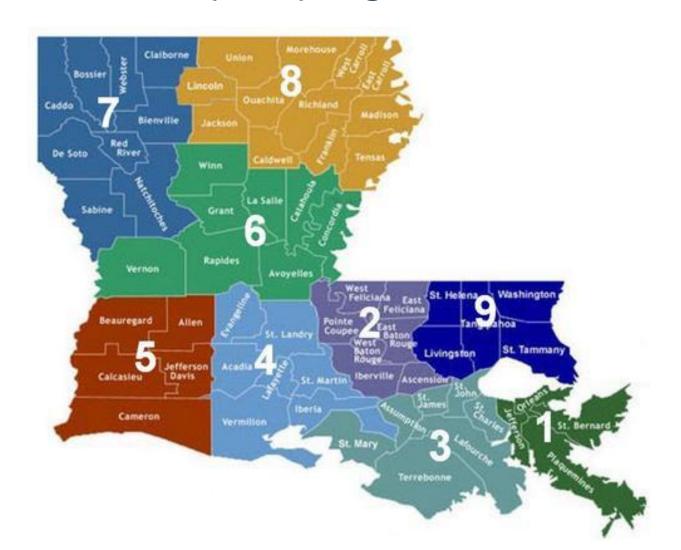


#### Congenital Syphilis Diagnosis Rates Louisiana and the US, 2008-2017



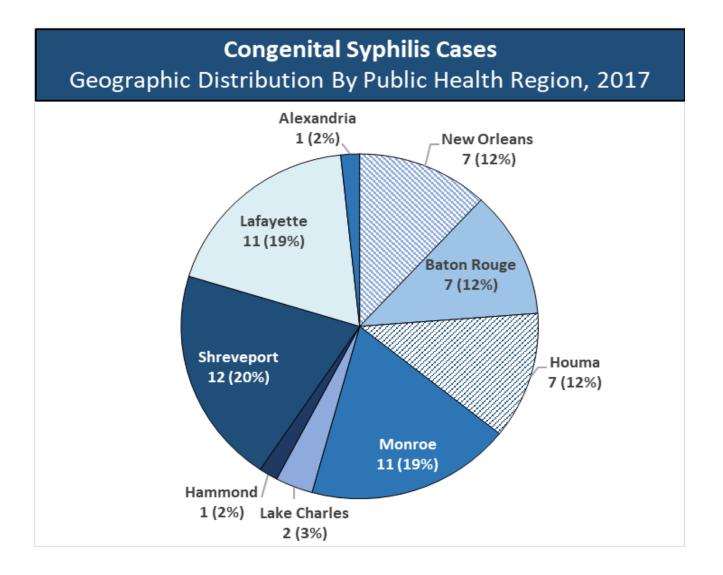


## Louisiana Department of Health Office of Public Health (OPH) regions





## Congenital Syphilis Cases by Region, 2017





#### Congenital Syphilis in Louisiana, 2017

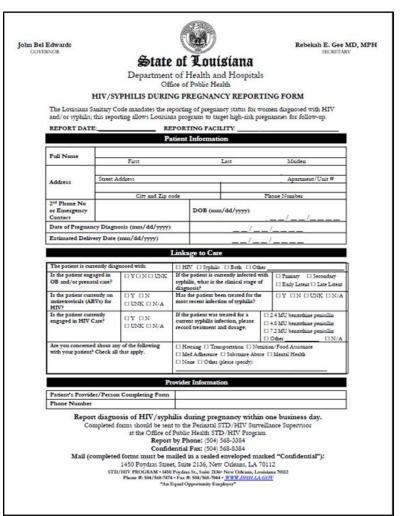
- ► Every Public Health Region reported at least one case of congenital syphilis
- ▶58% of CS cases occurred in three regions: Region 4 (Lafayette), Region 7 (Shreveport), and Region 8 (Monroe)
- ▶85% of mothers were Black, 12% were White and 5% Hispanic/Latina
- ▶54% of mothers were <25 years of age at the time of delivery
- ▶12% of mothers had no or untimely prenatal care (prenatal care initiated at least 2 months before delivery)



- ► Increased Syphilis Testing
  - Act 459 Third Trimester HIV and Syphilis Testing Law
    - ◆Louisiana law requires opt-out testing for all women during 1st trimester of pregnancy, 1st prenatal visit in 3rd trimester and at delivery (if testing/status is not noted in medical charts)
  - Tripled syphilis screening across the state using rapid syphilis testing technology
  - ■Increased the percentage of primary and secondary syphilis cases that were treated in the Parish Health Units within 14 days of specimen collection (93.5% in 2016 compared to 78.6% in 2015)



- ►HIV/Syphilis During Pregnancy Reporting Form
  - Improve reporting of HIV and syphilis during pregnancy
  - Previously only used Adult Case Report Form
  - ◆Streamline reporting process





- ►CDC STD AAPPS Supplemental Funding for Enhanced Congenital Syphilis Response
  - **\$** 550,000
  - ◆Project Period 9/29/2017 12/31/2018
  - ◆Focus on women of childbearing age (ages 15-44) with concentrated efforts in Caddo (Shreveport) and East Baton Rouge Parishes



Enhanced Congenital Syphilis Response Grant Objectives:

- Strengthen existing data collection and surveillance efforts
- Support enhancement of the Congenital Syphilis Case Review Boards
- Implement an effective congenital syphilis case management model
- Increase provider education regarding appropriate syphilis screening, testing and treatment practices



- Implemented a formal CS Regional Case Review process
  - As a high morbidity state: "Assess congenital syphilis cases to determine the epidemiological and health care factors associated with the cases to inform interventions"\*
- ►CS Case Review Teams are comprised of STD/HIV Central Office staff, OPH Regional Medical Director, Regional Nurse, and Regional DIS staff
- ► Regional CS case reviews are held monthly
  - Cases are reviewed with 3 regions each month on a rotating basis

\*CDC STD AAPPS Grant workplan objective for high morbidity states



#### Louisiana Congenital Syphilis Case Review Findings

- ► Lack of patient/partner education regarding STIs and safe sex practices during pregnancy to prevent late pregnancy infection/re-infection
- ► Need for increased communication between Regional DIS staff and Regional Medical Directors during case investigations for pregnant women diagnosed with syphilis
- ► Lack of repeat/third trimester testing of syphilis among pregnant women
- ▶Inadequate treatment for women diagnosed with syphilis during pregnancy
- ► Late/no initiation of prenatal care



#### Critical Role of Prenatal Care

- ▶In 2017, Louisiana reported 59 cases of congenital syphilis
  - 88% (52 cases) of these mothers received timely prenatal care that began at least 2 months prior to delivery
    - ◆13% (7/52) did not have a timely syphilis test (at least 45 days prior to delivery)\*
    - ◆10% (5/52) did not have a syphilis test at all during pregnancy\*
    - ◆10% (5/52) were adequately treated during pregnancy (all 5 were reported as CS cases based on infant criteria)\*
    - ◆56% (29/52) did not have a third trimester test\*
  - 76% (45 cases) of mothers who received timely prenatal care had at least one timely syphilis test during pregnancy\*
    - ◆36% (16/45) had at least one timely re-test (an additional syphilis test at least 45 days prior to delivery performed after the first syphilis test during pregnancy)
    - ♦64% (29/45) did not have a timely re-test

DEPARTMENT OF HEALTH

#### Critical Role of Prenatal Care

- ▶ Prenatal care visits are an optimal time to educate mothers about their health and the health of the baby
- ► Prenatal visits, including syphilis testing and treatment, are covered by most insurances and Medicaid programs
- ► Appropriate screening, testing, and treatment for syphilis during pregnancy, following recommended guidelines, can effectively reduce the number of CS cases dramatically





- ▶ Developed and implemented a CS case management model
  - Case managers located in Baton Rouge and Shreveport
  - Max caseload of 25 clients
  - Eligible clients are women of childbearing age that have been diagnosed with syphilis (priority given to pregnant women)
  - Assist clients with connecting to prenatal care and other community-based supportive services and navigation of services to promote adequate and timely syphilis treatment
  - Support the efforts of DIS/Partner Services to reduce the risk of reinfection, especially in pregnant women



- ►Increased Provider Education and Outreach efforts
  - Hired a CS Nurse Educator
  - Developed a Prenatal Care Provider Education Packet and provider education tools (webinars, flip cards)
- ► Host two statewide Congenital Syphilis Conferences in Baton Rouge and Shreveport (October 2018)
  - Partnering with Denver Prevention Training Center
  - ■More than 120 attendees at the Baton Rouge CS Conference held in April 2018



#### What's Next??

- ► Provider Detailing and Engagement
  - Prenatal care and OB providers High Priority
  - Individual and group presentations to providers by the CS Nurse Educator and CS Case Managers
  - Targeted education for MD resident programs Louisiana State University Health Sciences Center in Baton Rouge and Shreveport
- ► Closer collaboration with Medicaid to advocate for appropriate syphilis screening, testing and treatment of pregnant women
  - Medicaid representation on the CS case review team
  - STD/HIV Program staff participation on the Medicaid Quality Committee and OB Subcommittee
- Increased collaboration with community partners focused on improving birth outcomes to incorporate congenital syphilis prevention in their messaging and efforts

#### Acknowledgements

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- ► Mohammad Rahman, CDC STD Epidemiologist
- ▶ Joy Ewell, CDC Lead Public Health Advisor
- ► Regional CS case managers
- ► Regional DIS
- ► Regional Medical Team Leadership









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