

## **PPE donning/doffing options for LTCFs during Cluster of COVID-19 Infections: only to be used when there are significant PPE shortages**

### **Donning Steps When All PPE is Being Put on at the Same Time**

- 1. Identify and gather the proper PPE to don.**
- 2. Perform hand hygiene using hand sanitizer.**
- 3. Put on gown.** Ensure that the gown fits. Tie all of the ties on the gown.
- 4. Put on respirator (use a facemask if an N95 style respirator is not available or HCP are not fit-tested).** Nosepiece should be fitted to the nose, not bent or tented. Mask should be extended under chin. Both mouth and nose should be protected. If using an N95 respirator, perform a seal check.
- 5. Put on face shield or goggles.**
- 6. Put on gloves.** Gloves should fit over and cover the cuff (wrist) of gown.
- 7. Enter resident room.**

### **Doffing Steps When All PPE is Being Removed at the Same Time**

- 1. Remove and discard gloves.** Do not touch outer surface of gloves. Ensure glove removal is done slowly, not contaminating clean hands. Gloves can be removed using more than one technique, e.g., glove-in-glove, and duckbill.
- 2. Remove and discard gown.** Undo all ties/closures. Do not touch the outer surface of the gown. While touching the closures or inside surface of the gown, slowly pull arms out of sleeves. Roll up gown outwards, drop in trash.
- 3. Perform hand hygiene. Go to area where disinfecting face shield or goggles will occur.**
- 4. Remove face shield or goggles.** Do not touch the front of face shield or goggles. Carefully remove by grabbing the rear of strap and pulling forwards and away from head. If these items are disposable, drop into trash.
- 5. If the face shield or goggles are to be reused, place them on a designated surface or other receptacle (e.g. bucket or bin) so that they can be disinfected and reused later. Disinfection of these items should be done in same area where they will be stored.**
- 6. Remove and discard respirator (or facemask if used instead of N95 respirator).** Do not touch the front of the respirator or surgical mask. Start with bottom strap, then the top. Or, if the mask has ear loops undo both loops at once. Drop into trash receptacle.
- 7. Exit patient room**

8. Perform hand hygiene and put on gloves.
9. Clean the outward-facing surface of the goggles or face shield with an EPA-registered disinfectant wipe after exiting each resident care area.
10. After it is dry, the goggles or face shield should be placed in a secure area where no other persons should need to interact with them until they are needed again.
11. Clean the designated reprocessing surface with an EPA-registered disinfectant wipe
12. Remove and discard gloves

### **Donning Steps When replacing just the Gown and Gloves (Extending use of Respirators/Facemasks and Eye Protection):**

1. Identify and gather the gown and gloves to don.
2. Perform hand hygiene using hand sanitizer.
3. **Put on gown.** Ensure that the gown fits. Tie all of the ties on the gown. Be careful to avoid touching face and eye protection while putting on gown.
4. **Put on gloves.** Gloves should cover the cuff (wrist) of gown.
5. Enter resident room.

### **Doffing Steps When Only Gown and Gloves are Being Removed:**

1. **Remove gloves.** Ensure glove removal does not cause additional contamination. Gloves can be removed using a more than one technique, e.g., glove-in-glove, and duckbill.
2. **Remove gown.** Undo all ties/closures. Do not touch the outer surface of the gown. While touching the closures or inside surface of the gown, slowly pull arms out of sleeves. Roll up gown outwards, drop in trash.
3. **Perform hand hygiene.**
4. **Exit resident room.**