PROTECT YOURSELF FROM HEPATITIS A

IF A PERSON HAS AN INFECTION WITH THE HEPATITIS A VIRUS, IT CAN EASILY SPREAD FROM PERSON-TO-PERSON AND CAUSE LIVER DISEASE LASTING A FEW WEEKS TO A SERIOUS ILLNESS LASTING MANY MONTHS. IN SOME CASES, PEOPLE CAN DIE BECAUSE OF HEPATITIS A.

HOW DOES HEPATITIS A SPREAD?

- Touching objects or eating food that someone with Hepatitis A infection handled
- Having sex with someone who has a Hepatitis A infection

WHAT ARE THE SYMPTOMS?

IF YOU THINK YOU HAVE HEPATITIS A, SEE YOUR DOCTOR OR VISIT THE CLOSEST EMERGENCY ROOM. ALWAYS WASH YOUR HANDS WITH SOAP AND WATER AFTER GOING TO THE BATHROOM AND BEFORE PREPARING FOOD.

1. Fever
2. Fatigue
3. Nausea
4. Loss of appetite
5. Jaundice (yellowing of the skin or eyes)
6. Stomach pain
7. Vomiting
8. Dark urine, pale stools & diarrhea

PROTECT YOURSELF FROM HEPATITIS A

1. Get vaccinated
2. Don’t have sex with someone who has Hepatitis A infection
3. Use your own towels, toothbrushes and eating utensils
4. Don’t share food, drinks or smokes with other people

TALK TO YOUR DOCTOR, CALL 311 OR VISIT CITYOFCHICAGO.ORG/HEPATITISA FOR MORE INFORMATION.

ADAPTED WITH PERMISSION FROM THE COUNTY OF SAN DIEGO.