

# Check List for Outpatient Healthcare Providers:

## Managing Patients who may have Novel Coronavirus (2019-nCoV) Infection

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### 1. Identify patients who may have respiratory illness caused by 2019-nCoV.

#### Triage questions:

- Do you have fever, cough, shortness of breath or difficulty breathing?
- Have you traveled to China OR had close contact\* with a person known to have 2019-nCoV in the 14 days before your symptoms started?

Visitors who meet these criteria should notify a clinic staff member. Sample signage can be found here: <http://dph.illinois.gov/sites/default/files/Coronavirus%20FINAL.pdf>. Ensure availability of alcohol-based hand rub, facial tissue, and masks in the waiting room area. If possible, chairs should be spaced 3 ft apart.

### 2. Immediately isolate patients reporting fever (T >100.4 °F or >38 °C), respiratory symptoms (e.g., cough, shortness of breath), and travel to **Hubei Province or Mainland China** within the last 14 days.

- Place surgical mask on patient. If a surgical mask cannot be tolerated, other practical means of containment should be implemented (e.g., place a blanket loosely over the heads of infants and young children suspected to have nCoV when they are in the waiting room or other common areas).
- Place patient in private room with door closed (ideally negative pressure airborne isolation room) as far away from patients and staff as possible. See CDC's *Interim Healthcare Infection Prevention and Control Recommendations* (<https://www.cdc.gov/coronavirus/2019-nCoV/infection-control.html>).
- If possible, clear your clinic of patients if you have advance notice of the suspect patient's arrival. Meet the patient at a separate entrance with full personal protective equipment (PPE) described below, place a surgical mask on the patient, and room them immediately as above.
- The decision for referral to a higher level of care for testing and management will be made in consultation with CDPH.

### 3. Implement following infection control procedures for healthcare workers.

- Standard precautions
- Contact precautions (gloves, gown)
- Eye protection (e.g., goggles, face shield, NOTE: glasses are not sufficient for protection)
- Airborne precautions (e.g., N95 mask or PAPR)

### 4. Immediately contact and report patient to the Chicago Department of Public Health by calling **312-746-SICK (7425)** or **3-1-1** and asking for the medical director on call.

When you call the local health department, be prepared to:

- Describe the patient's risk factors and travel history, including contact with sick individuals or time spent in healthcare facilities in areas with ongoing nCoV transmission
- Describe the patient's presenting symptoms, signs, and duration of illness

When you call CDPH, you can expect:

- Doctor on call will discuss the case and possible recommendations for testing
- Doctor on call will provide consultation on need to transport the individual to a hospital for further workup and testing as above

## 5. Collect specimens for laboratory diagnosis

a) Currently, 2019-nCoV laboratory confirmation at CDC requires collection of two upper respiratory specimens (NP and OP). Consider collecting an additional NP swab for respiratory pathogen testing as well.

- **Upper respiratory**
  - **Nasopharyngeal swab AND oropharyngeal swab (NP/OP swab):** Use a synthetic fiber swab with plastic shaft. Do not use calcium alginate swabs or swabs with wooden shafts. Place swab in a sterile tube with 2-3 ml of viral transport media. **Do NOT combine NP/OP swab specimens. Keep swabs in separate viral transport media collection tubes.**
- **Serum** (optional)
  - **Children and adults:** Collect 1 tube (5-10 mL) of whole blood in a serum separator tube.
  - **Infant:** A minimum of 1 mL of whole blood is needed for testing pediatric patients. If possible, collect 1 mL in a serum separator tube.

b) Refrigerate specimens at 2-8°C and transport on cold pack.

c) Complete the IDPH test requisition for *each specimen* collected. The form is available at <http://dph.illinois.gov/sites/default/files/forms/formsohp-labscd-test-requisition.pdf>.

**6. Continue medical evaluation and empiric treatment for other common causes of respiratory infection or pneumonia as clinically indicated.** Testing for other respiratory pathogens should not delay specimen collection for nCoV-2019 testing.

**7. Do not use the examination room immediately after the possibly infectious patient leaves.** Only use the room after enough time has elapsed to remove potentially infectious particles. Currently, information is lacking to definitively determine a recommended duration. The duration a room should remain empty after a PUI vacates it depends on the Air Changes per Hour (ACH) of that particular room (e.g. an airborne isolation room with 12 ACH would require 35 minutes for 99.9% removal efficiency of airborne contaminants (Table 1 and Table 2. <https://www.cdc.gov/mmwr/preview/mmwrhtml/rr5417a1.htm>). If information on ACH is not available or unknown, out of an abundance of caution, a duration of two hours is reasonable. Disinfectant guidance can be found at <https://www.chicagohan.org/2019-ncov>.

**8. Do not discharge, transfer, or release patient without prior approval from Public Health.**

Consult CDPH by calling 312-746-SICK (7425) or 311 after hours to reach the physician on call. Continue patient isolation and infection control procedures as above.

More information may be found at <https://www.chicagohan.org/2019-ncov>.

\* Documentation of laboratory-confirmation of 2019-nCoV may not be possible for travelers or persons caring for patients in other countries. For definition for close contact see CDC's [Interim Guidance for Healthcare Professionals](#).