

# COVID-19 Chicago Long Term Care Roundtable

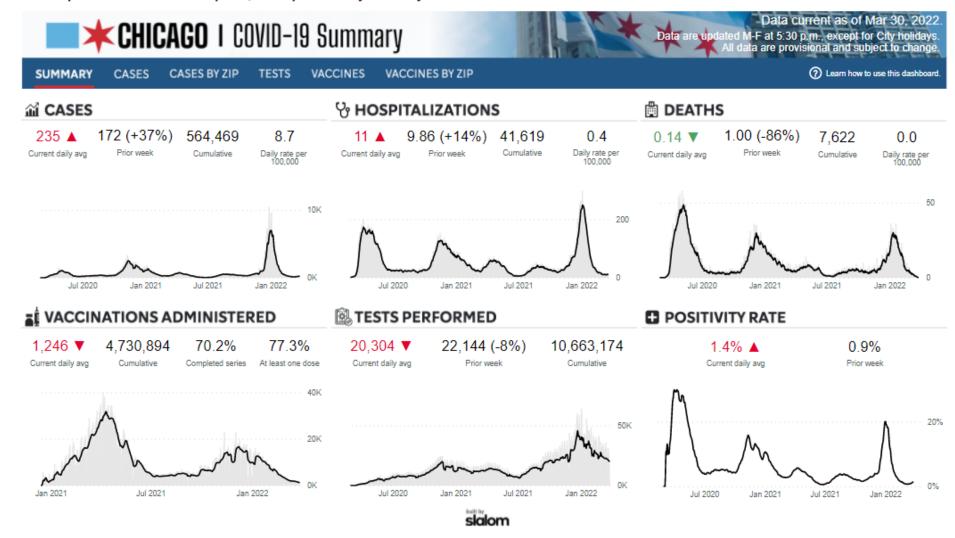
### **\*** Agenda

- COVID-19 Epidemiology
- COVID Reminders, Updates, and FAQs
- Questions & Answers



#### Chicago Dashboard

Data are updated M-F at 5:30 p.m., except for City holidays





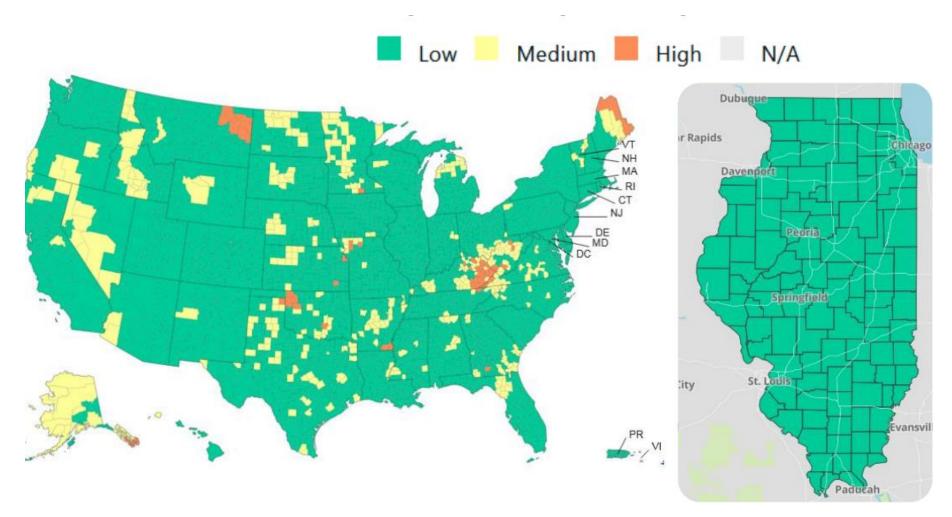
#### Chicago Travel Advisory

 On Friday, March 25, CDPH transitioned Chicago's COVID-19 Travel Advisory to align with the CDC's COVID-19 Community Levels

Low	Medium	High
<ul> <li>Stay <u>up to date</u> with COVID-19 vaccines</li> <li><u>Get tested</u> if you have symptoms</li> </ul>	<ul> <li>If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions</li> <li>Stay up to date with COVID-19 vaccines</li> <li>Get tested if you have symptoms</li> </ul>	<ul> <li>Wear a mask indoors in public</li> <li>Stay up to date with COVID-19 vaccines</li> <li>Get tested if you have symptoms</li> <li>Additional precautions may be needed for people at high risk for severe illness</li> </ul>



### **U.S. COVID-19 Community levels**





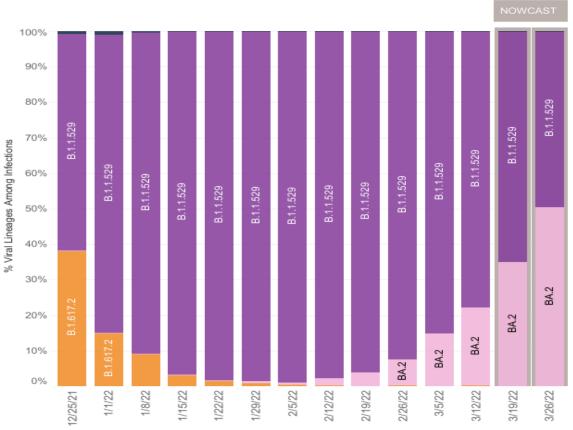
#### Chicago's Travel Advisory- Updated Guidance

- ALL travelers should:
  - Check the map so you know whether the areas you are traveling to are currently low, medium, or high risk for COVID
- Travelers who are age 5 or older who are not up to date with their COVID-19 vaccines are advised to avoid travel to high-risk (orange) communities
  - If unvaccinated Chicagoans age 5 or older travel to high-risk (orange) counties, upon returning to Chicago they should follow CDC guidance
  - Stay home and quarantine for 5 days after travel
  - Take a COVID test 3-5 days after return

#### **CDC Variant Proportions**







Collection date, week ending

HHS Region 5: 3/20/2022 - 3/26/2022 NOWCAST

Region 5 - Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin

WHO label	Lineage #	US Class	%Total	95%PI	
Omicron	BA.2	VOC	50.4%	44.1-56.7%	
	B.1.1.529	VOC	49.6%	43.3-55.9%	
Delta	B.1.617.2	VOC	0.0%	0.0-0.0%	
Other	Other*		0.0%	0.0-0.0%	

<sup>\*</sup> Enumerated lineages are US VOC and lineages circulating above 1% nationally in at least one week period. "Other" represents the aggregation of lineages which are circulating <1% nationally during all weeks displayed.

<sup>\*\*</sup> These data include Nowcast estimates, which are modeled projections that may differ from weighted estimates generated at later dates

<sup>#</sup> AY.1-AY.133 and their sublineages are aggregated with B.1.617.2. BA.1 and BA.3 are aggregated with B.1.1.529. For regional data, BA.1.1 is also aggregated with B.1.1.529, as it currently cannot be reliably called in each region.



#### COVID-19 Therapeutics: Sotrovimab Not Authorized

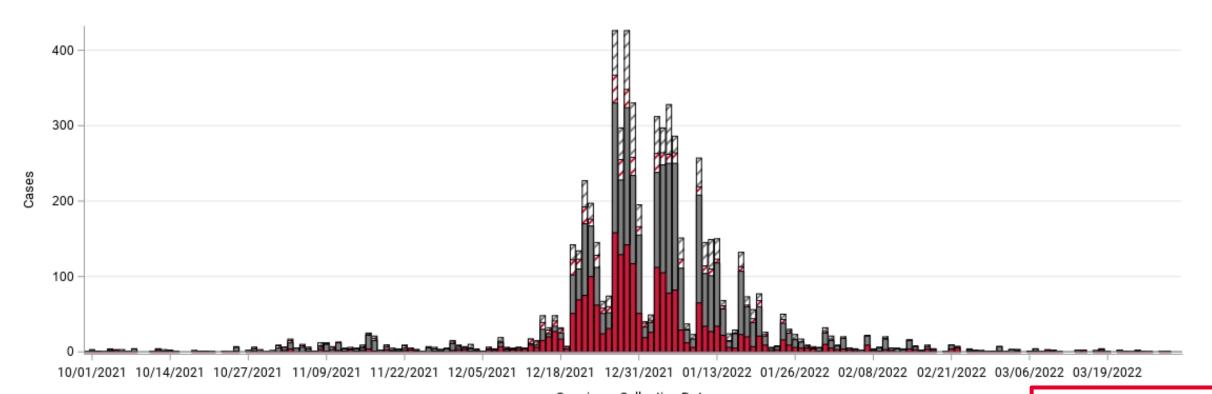
March 30, 2022

- The Centers for Disease Control and Prevention (CDC) Nowcast data from March 29, 2022 estimates that the proportion of COVID-19 cases caused by the Omicron BA.2 variant is above 50% in Health Human Services (HHS) Region 5, which includes Illinois.
- As a result, Sotrovimab is not authorized at this time by the FDA for the treatment of COVID-19 in Illinois
- Bebtelovimab is the only monoclonal antibody authorized at this time for COVID-19 treatment in Illinois.



### Continued large decline in active outbreaks in Skilled Nursing Facilities (Oct. 1, 2021 - Mar. 30, 202

(Oct. 1, 2021 – Mar. 30, 2022)



Specimen Collection Date

Not Fully Vaccinated Resident VIV Not Fully Vaccinated Staff Fully Vaccinated Resident Fully Vaccinated Staff

Data Sources: INEDSS (Illinois state) and REDCap (facility self report)

A fully vaccinated case occurs when the positive test specimen was collected at least 14 days after the individual completed their COVID vaccination Fully vaccinated cases may be underestimated due to delayed reporting

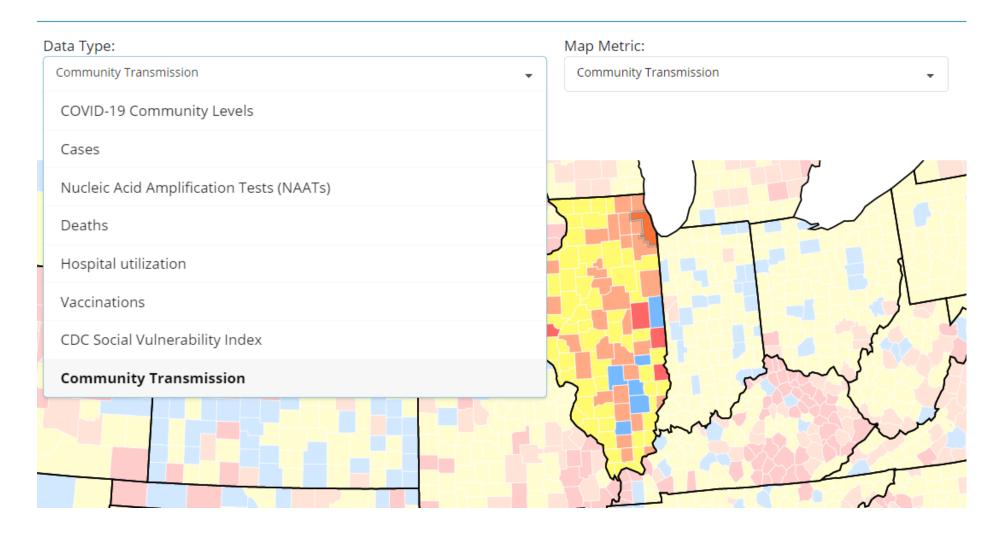
18 (23%) SNFs have active outbreaks



### Reminder: CDC COVID Data Tracker

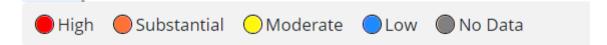
Indicator - If the two indicators suggest different transmission levels, the higher level is selected	Low Transmission Blue	Moderate Transmission Yellow	Substantial Transmission Orange	High Transmission Red
Total new cases per 100,000 persons in the past 7 days	0-9.99	10-49.99	50-99.99	≥100
Percentage of NAATs <sup>1</sup> that are positive during the past 7 days	0-4.99%	5-7.99%	8-9.99%	≥10.0%

#### **CDC COVID Data Tracker**





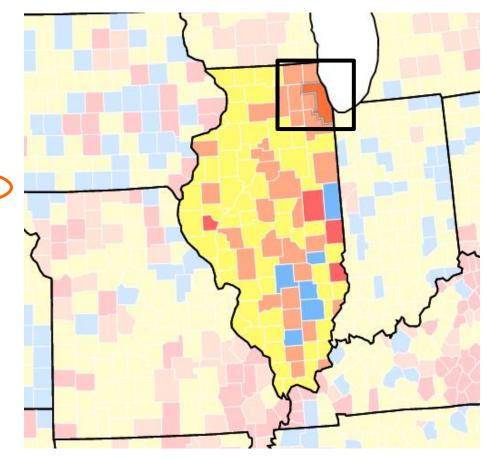
### CDC COVID Data Tracker





Total Cases	3935
Case Rate (last 7 days)	76.40
% Change (last 7 days)	16.21

Total Deaths	40
Death Rate (last 7 days)	0.78
% Change (last 7 days)	29.03





# Reminder: Minimum Routine Staff Testing Frequency

Vaccination Status	Testing Frequency
Unvaccinated	2x a week*
Partially Vaccinated	2x a week*
Vaccinated but not up to date**	2x a week*
Up to date	No required routine testing

Based on Executive Order and related Emergency Rules

<sup>\*</sup> Unless symptomatic, had a high-risk exposure, or your facility is in outbreak and performing broadbased testing.

<sup>\*\*</sup> An individual has not received all COVID-19 vaccinations for which they are eligible, as outlined under "up to date"

# Update: Minimum Routine Resident Testing Frequency

Vaccination Status	Routine Testing Frequency
Unvaccinated*	No required routine testing**
Partially vaccinated*	No required routine testing**
Vaccinated but not up to date*	No required routine testing**
Up to date*	No required routine testing**
New and readmissions, regardless of vaccination status, when community transmission is low or moderate	No required routine testing**
New and readmissions, regardless of vaccination status, when community transmission is substantial or high	Must be tested upon admission (unless tested within the 72 hours prior to admission) <u>and</u> at 5-7 days post-admission

<sup>\*</sup>Excluding new/readmissions when community transmission is substantial or high

<sup>\*\*</sup>Unless symptomatic, had a high-risk exposure, or your facility is in outbreak and performing broad-based testing.



### Reminder: Work Exclusion for Staff with Exposures

Vaccination Status	C	Conventional Contingency Crisis (Must notify LHD and OHCR)				
	Work Exclusion	Required Testing	Work Exclusion	Required Testing	Work Exclusion	Required Testing
Screen for symptoms twice per shift for 10 days	Allowed to work with testing  Must be asymptomatic	Allowed to work with negative test completed on days 1* and 5-7 post exposure, unless within 90 days of COVID-19 infection.  Note: HCP with prolonged, continued exposure in the home, must additionally test weekly for two weeks after the last exposure date.	Allowed to work  Must be asymptomatic	No additional testing required to work but include HCP in outbreak testing completed every 3-7 days, unless within 90 days of COVID-19 infection	Allowed to work  Must be asymptomatic	No additional testing required to work but include HCP in outbreak testing completed every 3-7 days, unless within 90 days of COVID-19 infection.
Screen for symptoms twice per shift for 10 days	OR 7 days off Must be asymptomatic	If excluded from work for 10 days, no testing is required to return to work.  Note: HCP with prolonged, continued exposure in the home, are allowed to work with negative test completed on days 1* and 5-7 post exposure, unless within 90 days of COVID-19 infection, must additionally test weekly for two weeks after the last exposure date.  May return after 7 days with one negative test*  Note: HCP with prolonged, continued exposure in the home, are allowed to work following testing cadence noted above under 10 days off.	Allowed to work with negative testing*  Must be asymptomatic	Allowed to work with negative test completed on days 1* and 5-7 post exposure, unless within 90 days of COVID-19 infection.  Note: HCP with prolonged, continued exposure in the home, are allowed to work with negative test completed on days 1* and 5-7 post exposure, unless within 90 days of COVID-19 infection., must additionally test weekly for two weeks after the last exposure date.	Allowed to work with negative testing*  Must be asymptomatic	Allowed to work with negative test completed on days 1* and 5-7 post exposure, unless within 90 days of COVID-19 infection.  Note: HCP with prolonged, continued exposure in the home, are allowed to work with negative test completed on days 1* and 5-7 post exposure, unless within 90 days of COVID-19 for two weeks after the last exposure date.



### Reminder: Work Exclusions for HCP with COVID-19 Infection

	Table 5: Work Exclusions & Restrictions for HCP with COVID-19 Infection - Updated					
Vaccination Status	Conventional		Contingency		Crisis (Must notify LHD and OHCR) <sup>2</sup>	
	Work Exclusion	Required Testing	Work Exclusion	Required Testing	Work Exclusion	Required Testing
	10 days off (ideal) OR	No testing required to return to work	5 days off	May return after 5 days if asymptomatic or have mild to moderate symptoms that are	Allowed to work except, should have duties prioritized	No additional testing required to work
Up to date and Not up to date	7 days off	May return to work after 7 days if asymptomatic or have mild to moderate symptoms that are improving and fever-free for 24 hours. Must have one negative test <sup>1</sup> completed within 48 hours before work shift begins or rapid antigen test prior to shift		improving and fever- free for 24 hours. Must have one negative test <sup>1</sup> completed within 48 hours before work shift begins or rapid antigen test prior to shift.		

<sup>&</sup>lt;sup>1</sup>Either an antigen test or NAAT can be used as a clearance test to return to work; however, antigen testing is preferred because a NAAT test may remain positive for some time following infection.

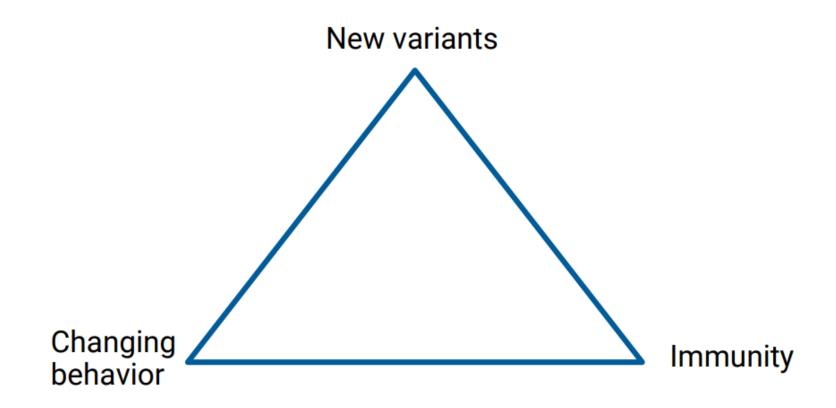
<sup>2</sup>LHD - Local Health Department, OHCR = IDPH Office of Health Care Regulation



### New: CDC Recommends Additional Boosters for Certain Individuals

- On March 29th, the FDA authorized a second booster dose of either the Pfizer or Moderna vaccines for individuals 50 years of age and older at least 4 months after receipt of a first booster dose.
- A second booster dose can also be administered to immunocompromised individuals at least 4 months after receipt of the first booster dose.

### **Surge Factors**





### Update: Isolation for Previously Positive Residents who Test Positive Again

Symptom Status	PCR +		Ra	ipid +
	30-90 days after a previous positive	>90 days after a previous positive	30-90 days after a previous positive	>90 days after a previous positive
Asymptomatic*	No need to isolate	Isolate for 10 days in the COVID unit	Isolate 10 days in a private room in the PUI/orange zone	Isolate for 10 days in the COVID unit
Symptomatic (new onset)	Isolate 10 days in a private room in the PUI/orange zone	Isolate for 10 days in the COVID unit	Isolate for 10 days in a private room in the COVID unit	Isolate for 10 days in the COVID unit

<sup>\*</sup>Asymptomatic residents are **not** indicated for retesting until >90 days after their prior infection. However, we are aware that these individuals may be refested in some instances (e.g., some hospitals test all admissions for COVID, regardless of their prior COVID history)

### Request for Information

If you have a resident or staff member who tests positive between 30-90 days after a previous COVID infection, please email <a href="mailto:Elizabeth.Shane@cityofchicago.org">Elizabeth.Shane@cityofchicago.org</a>



### Updated IDPH Interim Guidance Document

- IDPH released an updated version of their Interim Guidance for Nursing Homes and Other Licensed Long-Term Care Facilities document on March 22, 2022
- This document supersedes the version released on January 18, 2022



COVID-19

JB Pritzker, Governor

Ngozi O. Ezike, MD, Director

Original Release Date: August 13, 2020 Effective Date: August 14, 2020 Updated: October 21, 2020 Updated: March 19, 2021 Updated: May 6, 2021 Updated: July 28, 2021 Updated: August 6, 2021 Updated: October 20, 2021 Updated: December 3, 2021 Updated: January 18, 2022 Updated: March 22, 2022

#### Updated Interim Guidance for Nursing Homes and Other Licensed Long-Term Care Facilities

Summary of Changes to Guidance Since the January 18, 2022 R	
Updated Sections	
Reason for Update	2
Vaccinations	4
Therapeutics (Oral antivirals and Monoclonal Antibody Therapy)	6
Universal PPE	7
Staff testing requirements – EO 2022-05	8
Visitor Quarantine and Isolation Requirements	11
Newly Identified Case in an HCP or Resident	12
Management of Residents	18
Definitions	28
Appendix A Tables: COVID-19 Testing, Management of HCP Positive or Exposed	30

#### Applicability

This interim guidance provides guidelines for nursing homes and other long-term care (LTC) facilities regarding restrictions that were instituted to mitigate the spread of COVID-19. The guidance in this document is specifically intended for facilities as defined in the Nursing Home Care Act (210 ILCS 45), and also applies to Supportive Living Facilities, Assisted Living Facilities, Shared Housing Establishments, Sheltered Care Facilities, Specialized Mental Health Rehabilitation Facilities (SMHRF). Intermediate Care Facilities for the Developmentally Disabled (ICF/DD), State-Operated Developmental Centers (SODC), Medically Complex/Developmentally Disabled Facilities (MC/DD), and Illinois Department of Veterans Affairs facilities.

1



# Required PPE when Interacting with Exposed Residents

Vaccination Status	Type of PPE
Unvaccinated	N95, eye protection, gown, and gloves
Partially Vaccinated	N95, eye protection, gown, and gloves
*New* Vaccinated but not up to date	N95, eye protection, gown, and gloves
Asymptomatic up to date	Well fitted mask (and eye protection if county is experiencing high or substantial transmission)
Symptomatic up to date	N95, eye protection, gown, and gloves



# Testing Requirements for SNF Staff who are Not Up to Date

Regardless of the community transmission level, all staff working in a skilled nursing facility who are not up to date on their COVID vaccinations must be tested twice a week, unless they had COVID <90 days ago

Note that some other long-term care setting types have less stringent testing requirements when the county is experiencing low or moderate community transmission (see page 10 of the updated IDPH guidance document)



## Quarantine of Asymptomatic Exposed Residents

Vaccination Status	Asymptomatic Exposed		
Unvaccinated	Quarantine for 10 days*		
Partially Vaccinated	Quarantine for 10 days*		
*New* Vaccinated but not up to Date	Quarantine for 10 days*		
Up to date	No quarantined indicated, but resident should wear source control for 10 days post exposure when out of their room		

<sup>\*</sup>Quarantine is not indicated if resident had COVID <90 days ago and is asymptomatic



## New/Readmissions & Residents who Leave the Facility: Quarantine & Testing

Table 3: New Admission/Readmissions and Residents who Leave the Facility			
	Is quarantine of resident necessary?	Is testing of the resident necessary?	
Resident vaccination status		Low-to-moderate community transmission	Substantial-to-high community transmission
Not up to date with COVID-			
19 vaccinations resident out for less than 24 hours	No	No	No
Not up to date with COVID- 19 vaccinations, resident out for 24 hours or more	Yes	No	Yes, test as readmission
Up to date with COVID-19 vaccinations, resident out for less than 24 hours	No	No	No
Up to date with COVID-19 vaccinations resident out for 24 hours or more	No	No	Yes, test as readmission

Note: Testing is not indicated if resident had COVID <90 days ago and is asymptomatic



#### **X** Communal Dining & Group Activities

- All residents should wear a mask to and from the dining hall and activity room and when not actively eating or drinking
- Residents who <u>are</u> up to date on their COVID vaccinations do not need to socially distance from other residents who are up to date when dining or participating in group activities
- Residents who are not up to date must maintain a 6 foot distance from all other residents during communal dining or group activities
  - Note: If a resident who is not up to date was a close contact of a confirmed case, they should be placed in quarantine for 10 days and, during that period, not participate in communal dining or group activities

### **X** Visitation

- Visitors must wear masks when in the facility, except when actively eating and drinking
- If **both** the visitor and the resident are up to date on COVID vaccinations, the resident can choose to not wear source control while in their room and may choose to have physical contact with the visitor.
- Visitors should not visit the facility for 10 full days following a positive test
- Visitors who were close contacts of a confirmed case and <u>are</u> up to date on their COVID vaccinations can come to the facility as long as they remain asymptomatic
- Visitors who were close contacts of a confirmed case and <u>are not up</u> to date on their COVID vaccinations should not come to the facility for 10 full days following their last exposure (unless they had COVID <90 days ago and are asymptomatic)

### \*CPAP/BiPAP

- For asymptomatic residents who are not suspected to have COVID:
  - If Cook County is experiencing substantial to high community transmission levels, HCP must wear a N95 respirator and eye protection when entering the room of a resident with CPAP/BiPAP
  - If Cook County is experiencing low to moderate transmission levels, the HCP must wear a well fitted face mask

### \*Symptom Screening

"Following a new case in the facility, increase monitoring and screening of all residents and HCP for signs and symptoms of COVID-19 from daily to each shift until there are no more positive cases for 14 days"



FAQ: We just admitted a resident who was not up to date on their vaccines but they agreed to get a booster on their first day here. Do they still need to be under quarantine?

As soon as someone receives their booster shot they are considered "up to date", so this resident doesn't need to be under quarantine after they get the shot.



#### **Questions & Answers**

#### A special thanks to:

#### **CDPH HAI SNF Team:**

Dr. Stephanie Black Shannon Xydis Hira Adil Liz Shane Winter Viverette Kelly Walblay Dan Galanto Christy Zelinski Marie Heppe Nisreen Droubi Leirah Jordan Matthew Mondlock **Brittney Pitchford** 

please visit the CDPH LTCF HAN page at:

https://www.chicagohan.org/covid-19/LTCF