



# February 2024 Newsletter

## New Year, New PFL Training Topics

Our list of PFL topics is growing. Below is a list of some of our new trainings that will be available soon:

- Vaccines and Vaccinations
- Healthcare Waste (e.g. black bags, red bags, etc.)
- Visitors (e.g. restrictions, PPE, screenings, etc.)

PFL has many resources, such as our on-site trainings or our microlearns. To learn more, visit our site [here](#).

## Not sure if it's a cold, the flu, or COVID-19?

Signs & Symptoms	COVID-19	Flu	Common Cold
Fever	✓	✓	✗
Body Aches	✓	✓	-
Headache	✓	✓	-
Cough	✓	✓	-
Fatigue	✓	✓	-
Sore Throat	✓	-	✓
Runny/Stuffy Nose	✓	-	✓
Shortness of Breath	✓	-	✗
Symptom Onset	2-14 days	1-4 days	Gradual

✓ Common  
 - Sometimes  
 ✗ Rare

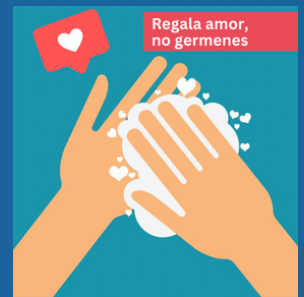
Not sure where to get vaccinations for RSV, flu or COVID-19? The Chicago Department of Public Health has many immunization clinics around the city that are available at no cost.

Take a look at the CDPH Vaccine Clinics Calendar [here](#).

## Events in Healthcare

### Black History Month

PFL celebrates all African American healthcare workers who are dedicated to protecting our health. We thank you and we appreciate you!



PFL-Chicago is available to answer your IPC questions, schedule onsite trainings (earn CEU credits), direct you to free CDC educational materials, and more!

Scan the QR code below to go to our [HAN page](#) to learn more. Contact us directly at [projectfirstline@cityofchicago.org](mailto:projectfirstline@cityofchicago.org)

